

MY GOD IN MOTION...

Eat The Word of God!

"Your words were found, and I ate them, and your words became to me a joy and the delight of my heart"
Jeremiah 15:16

Virtual Home Group Bible Study

02-05-2025

Agenda

- Purpose & Opening
- Topic: What, Why, How, When
- Resources
- Discussion
- Feedback
- Future Topics
- Closing & Send off

Purpose & Opening

Purpose: Exhort One Another Into Love and Good Works

“And let us consider one another in order to stir up love and good works,
Not forsaking the assembling of ourselves together, as is the manner of some,
but exhorting one another, and so much the more as you see the Day approaching.”

Hebrews 10:24-25

Opening Prayer:

Thank you for this opportunity

Give me Words to deliver Your message

Give us Eyes to See all things from Your perspective

Give us Ears to Hear and understand Your Word

Help us get to know You through Your Word

Help us be transformed into the people You intended us to be

Help us turn Your Words into loving action through our flesh

Help us bring You glory in all we do

Topic

What: Eat The Word Of God!

Why:

- You are an eternal spiritual being developing in a temporary physical body.
- Just like food nourishes your physical body, My word nourishes your spirit.
- Just like a fetus needs good nutrition to develop properly and thrive in life, your soul needs a balanced diet to develop properly and thrive for eternity.
- If the only input your soul gets is through your flesh, you will not grow to your full potential here, and your spiritual body will be limited forever.
- Your days here are numbered, use them wisely and eat My Word.

(from journalling 1/31)

Approach: What, Why, How, When

What: Eat God's Words

Matthew 4:4

But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.' "

Jeremiah 15:16

Your words were found, and I ate them, and your words became to me a joy and the delight of my **heart**.

God's Word

Spoken (Rhema) – Words Sent Forth From His Mouth

Written (Logos) - Truth / Structure / Order / Justice

Daily Bread (Mana) From Heaven – God's Glory to Nourish The Faithful

Jesus - The Word Made Flesh – His Broken Body - Spiritual Bread

Eat: Bring in, break down, digest, absorb nutrients, discard waste

-Eating is necessary for subsistence

-You are only as good as what you eat

What: Eat God's Rhema Word

Ezekiel 2:8-3:11

But you, son of man, hear what I say to you. Do not be rebellious like that rebellious house; **open your mouth and eat what I give you.**"

Now when I looked, there was a hand stretched out to me; and behold, a scroll of a book was in it. Then He spread it before me; and there was writing on the inside and on the outside, and written on it were lamentations and mourning and woe.

Moreover He said to me, "Son of man, **eat what you find; eat this scroll**, and go, speak to the house of Israel."

Moreover He said to me: "Son of man, **receive into your heart all My words** that I speak to you, and hear with your ears. And go, get to the captives, to the children of your people, and speak to them and tell them, 'Thus says the Lord God,' whether they hear, or whether they refuse."

Revelation 10:1-10

I saw still another mighty angel coming down from heaven,... He had **a little book** open in his hand.

Then the voice which I heard from heaven spoke to me again and said, "Go, **take** the little book."

So I went to the angel and said to him, "Give me the little book."

Then I took the little book out of the angel's hand and ate it, and it was as sweet as honey in my mouth. But when I had eaten it, my stomach became bitter. And he said to me, "You must prophesy again about many peoples, nations, tongues, and kings."

Why: God's Word Is Spirit, Impacts Flesh

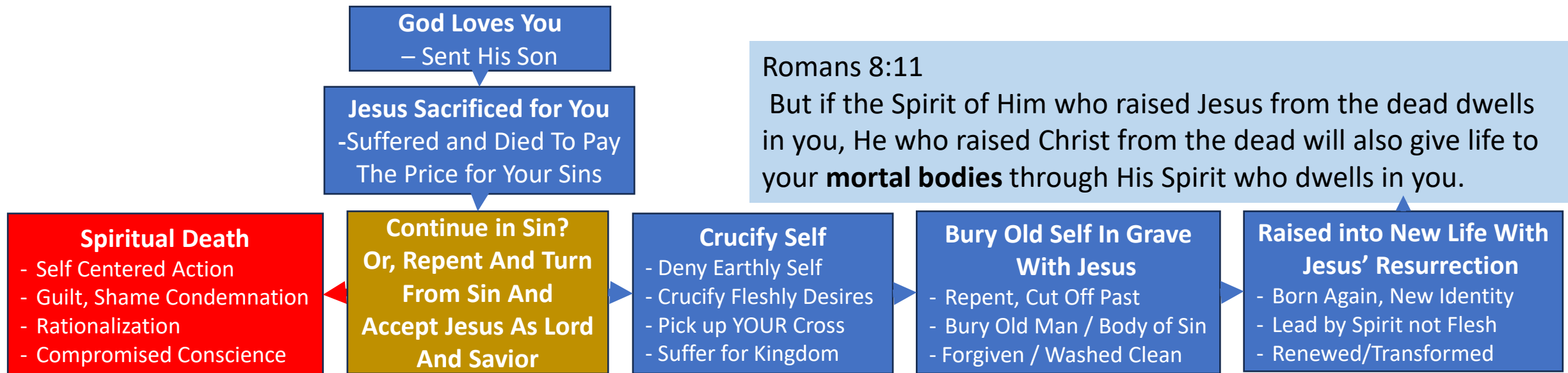
John 6:63

It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.

Proverbs 4:20-22

My son, give attention to my words...

For they are life to those who find them, And health to all their flesh



How: Eating

Physical Food

- See – Attractive, Good for You
- Take - Put It In Your Mouth
- Taste It – Is It Good /Desirable?
- Teeth - Chew, Break It Down
- Saliva/Water - Moisturize it
- Stomach - Break Down Into Elements
- Absorb Nutrients Into Blood
- Blood – Carry, Nourish Tissues
- Milk Vs Hard Food
- Exercise –Stress, Break Down, Rebuild
- Achieve Full Physical Capability

Spiritual Food

- See - The Word, God's Message
- Bring It In - Read It, Listen To It
- Explore, Sample It, Is It Good?
- Break Whole Narrative Into Pieces
- Find Relevance, What's In It For Me
- Discern Practical Truth & Goodness
- Embrace Truths In Mind and Heart
- Ponder, Reflect, Apply, Trust
- Basic Salvation Vs Discipleship
- Trials – Shake, Reveal Spiritual, Grow
- Conviction, Transform, Godly Nature

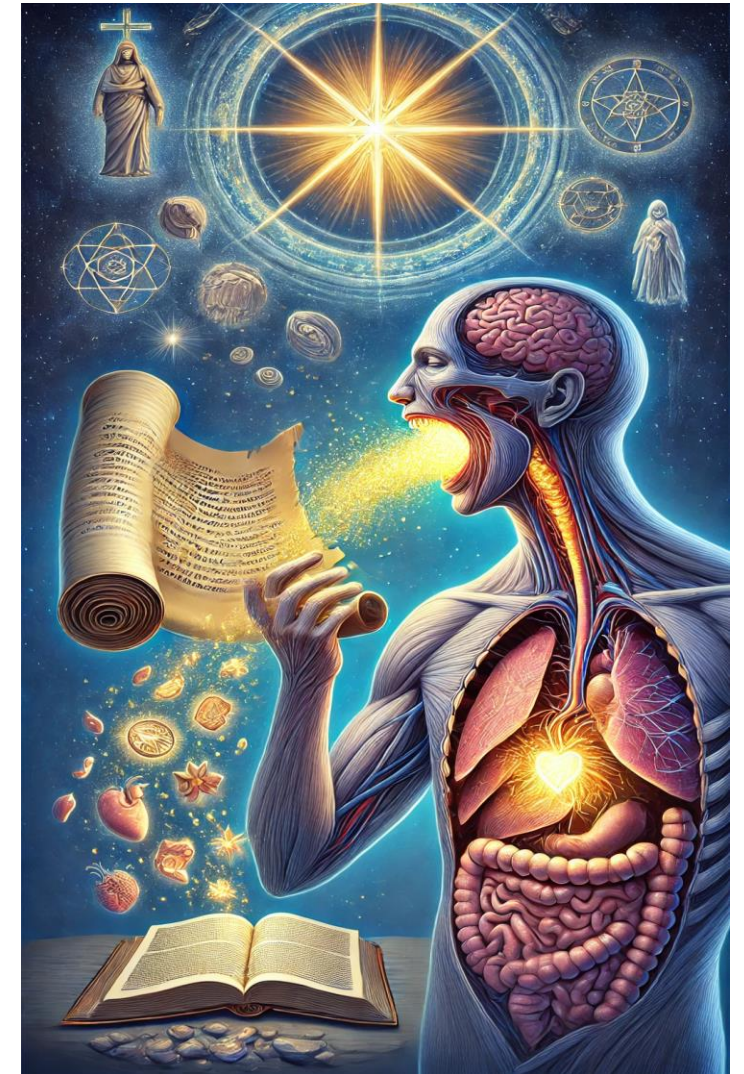
How: Use The Word To Learn and Grow

2 Timothy 3:16-17

All Scripture is breathed out by God and profitable for **teaching**, for **reproof**, for **correction**, and for **training** in righteousness, that the man of God may be complete, **equipped** for every good work.

1 Thessalonians 2:13

And we also thank God constantly for this, that when you received the **word of God**, which you heard from us, you accepted it not as the word of men but as what it really is, the word of God, which **is at work in you believers**.



How: God's Word Is Spirit, Impacts Flesh

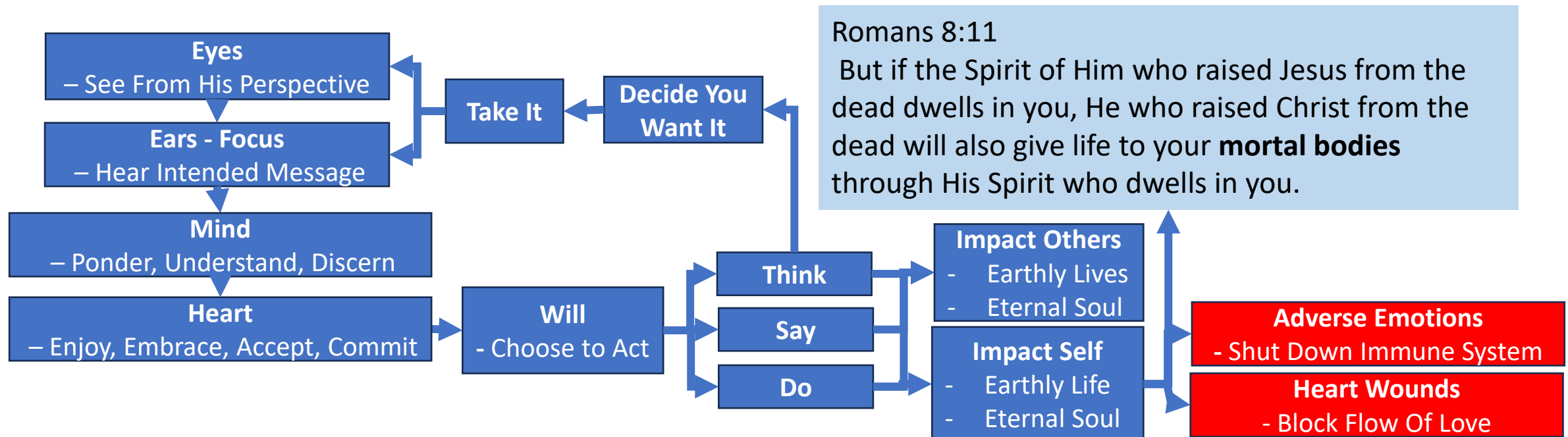
Proverbs 4:20-22

My son, **give attention** to my words; **Incline your ear** to my sayings.

Do not let them depart from your eyes;

Keep them in the midst of your heart;

For they are **life** to those who find them, And **health to all their flesh.**



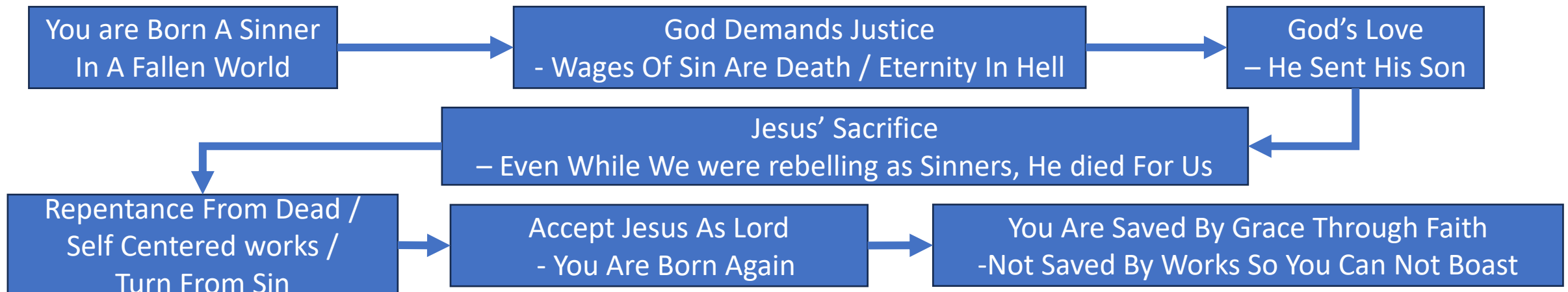
How: Be Ready For Solid Food

Hebrews 5:12-14

For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food.

For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe.

But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.



How: Top 10 Truths To Embrace

- God Created The Heavens and The Earth
 - This Is Not Random, You Are Not Random
 - There is a Heaven, How you live your life matters
- God Created Man In His Image, He Gave Us Dominion And Free Will
 - You Have Infinite Potential
 - What you choose to think, say, and do really matters
- God Is Just
 - Follow His Rules and Gain Protection/Blessings
 - Ignore, Pursue Your Own Agenda, and Be Exposed To Consequences/Curses.
- His Creation and His Image Was Corrupted By Sin
 - Self-Centered Thoughts/Actions, Self-Conscious Emotions Separate Us From God
 - Evil Emerges, Gains Traction/Leverage When We Choose To Live Separate From God
- God Has Been Working Through Man Ever Since To Restore Creation
 - Noah, Abraham, Isaac, Jacob, Moses, David, Prophets, etc - All Foreshadowing / Predicting a Messiah
- God Loves Us So Much He Came To Earth As A Human, To Live Amongst Us And Create A Path Back To The Father
- Jesus Lived A Sinless Life, He Sacrificed that Life For Us, Then Was Resurrected as Predicted
 - He Paid The Price For Our Sins With His Broken Body, His Blood Covers Us and Forgives Us When We Submit To Him
- You Inherited A Self-Centered Sinful Nature, You Have Sinned, You Have Earned Eternity In Hell, You Need A Savior. Admit it!
- When You Repent And Turn From Sin, And Accept Jesus As Your Lord And Savior, You Gain Eternal Life Through Him. Do It!
- When You Submit To Him As Lord, He Will Dwell In You, Teach You, Transform You, Restore His Image, Flow Through You

How: Start Taking In Solid Food

Hebrews 5:14

But **solid food** belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

Romans 12:2

Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Test Yourself

Are You Love In Action?

Are You Manifesting Jesus?

How do You React Under Stress: Carnal or Love?

Are You Shining?

Are You Exhibiting Fruits of Flesh or Fruit of the Spirit?

Are You Forgiving Others?

Are You Loving Enemies?

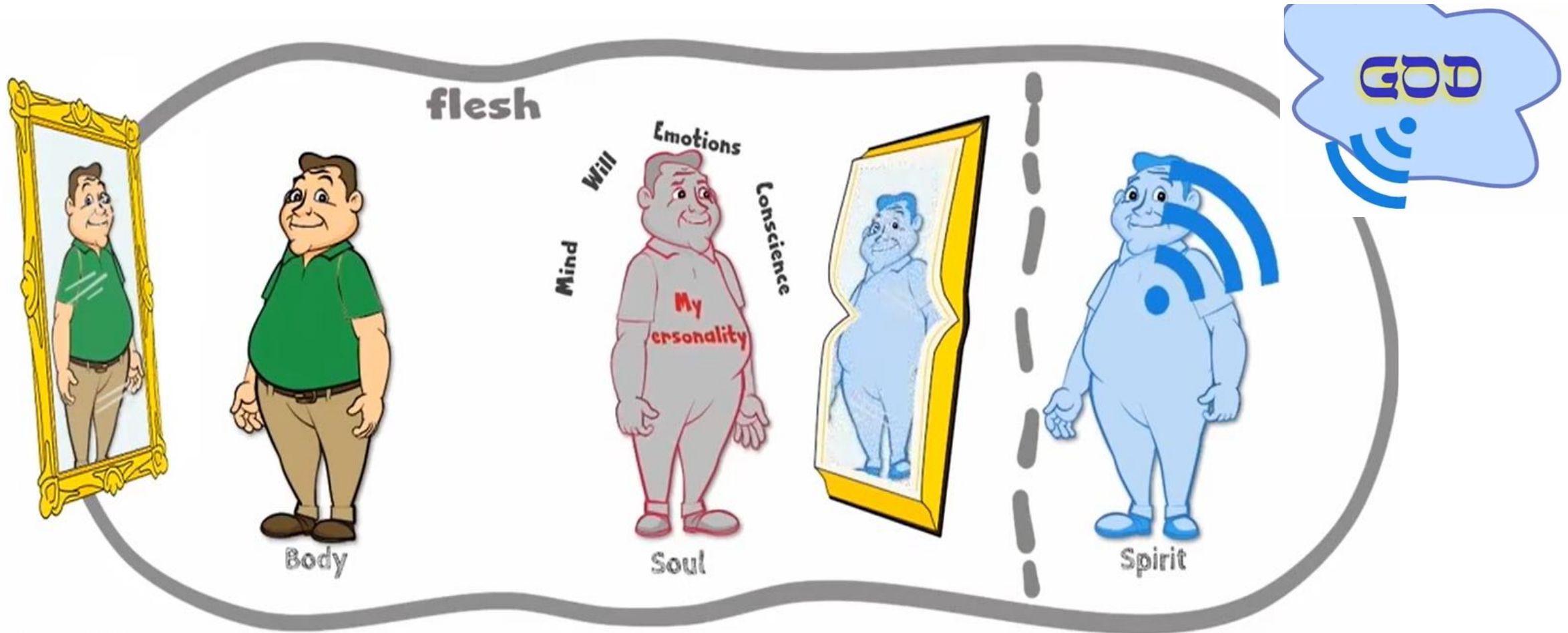
How: Use As A Mirror To See Opportunities

James 1:23-27

For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; for he observes himself, goes away, and immediately forgets what kind of man he was.

But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.

How: Use As A Mirror To See Opportunities



What: Daily Bread

Exodus 16

Then the whole congregation of the children of Israel complained against Moses and Aaron in the wilderness. ... For you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “Behold, I will rain bread from heaven for you. And the people shall go out and gather a certain quota every day, that I may test them, whether they will walk in My law or not....

Then Moses and Aaron said to all the children of Israel, “At evening you shall know that the Lord has brought you out of the land of Egypt. And in the morning you shall see the glory of the Lord; for He hears your complaints against the Lord....

So it was that quail came up at evening and covered the camp, and in the morning the dew lay all around the camp. And when the layer of dew lifted, there, on the surface of the wilderness, was a small round substance, as fine as frost on the ground.

And Moses said to them, “This is the bread which the Lord has given you to eat. ...

...He who gathered much had nothing left over, and he who gathered little had no lack. Every man had gathered according to each one’s need.

And Moses said, “Let no one leave any of it till morning.” Notwithstanding they did not heed Moses. But some of them left part of it until morning, and it bred worms and stank. And Moses was angry with them. So they gathered it every morning, every man according to his need. And when the sun became hot, it melted.

And the house of Israel called its name Manna. And it was like white coriander seed, and the taste of it was like wafers made with honey....

‘Fill an omer with it, to be kept for your generations, that they may see the bread with which I fed you in the wilderness, when I brought you out of the land of Egypt.’ the children of Israel ate manna forty years, until they came to an inhabited land.

How: Daily Bread

Matthew 6:11

Give us this day our daily bread.

Our Daily Dose of Gods Glory in alignment with our devotion to Him as our Lord, Creator, Protector, Provider, Redeemer, Savior.

- I Will Be Thankful Always To God for All He Has Done and Is Doing (ala 1 Thessalonians 5:16-17)
- The Word of God Dwells In My Heart (Colossians 3:16)
- I Will Look To The Hills, My help comes from the Lord who made heaven and earth. (Psalm 121)
- I Trust in the Lord with all my heart, I will not Lean on my own understanding (ala Proverbs 3:5)
- I Fear not, for You are with Me, I will not Be dismayed, because YOU ARE my God (ala Isaiah 41:10)
- All things will work together for good for me because I love God (ala Romans 8:28)
- Jesus Paid The Price For Me, I AM The Righteousness of God In Him (ala 2 Corinthians 5:21)
- I have been crucified with Christ. It is no longer I who live, but Christ who lives in me.(Galatians 2:20)
- Alone I can Do Nothing, But With Jesus I will bear much fruit. (John 15)
- I can do all things through Christ who strengthens me. (Philippians 4:13)

How: Eat Jesus Body

John 6:53-58

Then Jesus said to them, “Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you.”

Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. For My flesh is food indeed, and My blood is drink indeed.

He who eats **My flesh and drinks My blood** abides in Me, and I in him.

As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me.

This is the bread which came down from heaven—not as your fathers ate the manna, and are dead. He who eats this bread will live forever.”

Embrace Jesus As Lord And Savior

- Accept Forgiveness, Stand In Righteousness
- Assume New Identity (Born Again Child Of God) and Purpose (Shine, Glorify God In All You Do)
- Sacrifice Your Own Agenda For Higher Purpose - Serve God and Love Neighbor

How: Yield Your Life, Lose Your Life To Find It

Matthew 16:25

For whoever desires to save his life will lose it, but **whoever loses his life for My sake will find it.**

Galatians 2:20

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

1 Corinthians 6:19

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and **you are not your own?**

Jeremiah 10:23

O Lord, I know **the way of man is not in himself;**
It is not in man who walks to direct his own steps.

Resources

Andrew Wommack – Spirit, Soul, Body

<https://www.youtube.com/watch?v=wXJD2vwYW8Y>

Feed Your Soul - Importance of Spiritual Food

https://www.youtube.com/watch?v=oKT-s66_GDY

How To Eat The Word Of God

Blog: <https://blog.biblesforamerica.org/how-to-eat-the-word-of-god/>

Podcast: <https://www.youtube.com/watch?v=Kq5UpQs3gJE>

Swedenborg: Eating – Knowing What Is Good And True

<http://www.scienceofcorrespondences.com/eating.htm>

Discussion

This Topic

- Questions?
- Clarification?
- Practical Experiences?
 - Struggles / Barriers
 - Strategies to Overcome
 - Success / Lesson Learned

Other Topics/Questions?

Call To Action: Eat The Word's Of God

Drink Your Milk As A Baby - Make Sure You Are Square on Salvation

- Why do you Need a Savior?
- Why are you going to Heaven?

Set up a Good Diet of Solid Spiritual Food

- Daily Consumption
- Use Bible As a mirror for your character
- Seek Fellowship with Jesus
 - Deny Your Self – Humility, Discount Material Desires
 - Sacrifice Your “Self” for Higher Purposes

Feedback

- What is working: Keep doing
 - ✓ Good Content - Food for thought
 - ✓ Good Mix - Content & Discussion
 - ✓ Good Format - Casual / Informal – Easy to engage
 - ✓ Graphics are good/helpful - Draw the story together
 - ✓ Do quick intro when new folks so they get familiar
- What could be better: Suggestions to consider
 - ✓ Me: Host log in at 6:45 so others can get settled online and start on time
 - ✓ Me: Set dog up for success to avoid distraction
 - ✓ Me: Mute participants during presentation to improve sound quality

Future Topics

Candidate topic for next week:

Recent Activity / Potential Topics:

- Deny Your Life To The Point Of Death!
- Act in Faith to Make Room For Grace!
- How do you Restore the Image of God?
- What does it mean to be a Branch of Jesus' Vine?
- How is God's Love perfected through us?
- Fear of God is the beginning of Wisdom!
- Put Your Trust In God
- Yield Your Life To Find It – His Will, Not Yours
- In Your Weakness His Strength Shines

Any hot topics on your mind?

- How to stand in Faith in end times
- What does the new heaven/new earth mean?
- What are the steps to discernment

**Next Session:
Wed 2/12**

Closing

- Thank You for this opportunity, fellowship, sharing
- Thank you for the gift of Your Word, and Your Son who made it flesh
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into our flesh
- May we recognize the opportunities within us and around us
- May we seek Your face and embrace Your help to root out our selfish agendas
- May we transform into Your image and perfect the flow of Your love to others
- May we be inspired into the good works that You have prepared
- May we walk in the light as Jesus was in the light
- May we shine as a bright beacon in this dark world.
- We do all things in Your name to bring glory to the Father who sent You

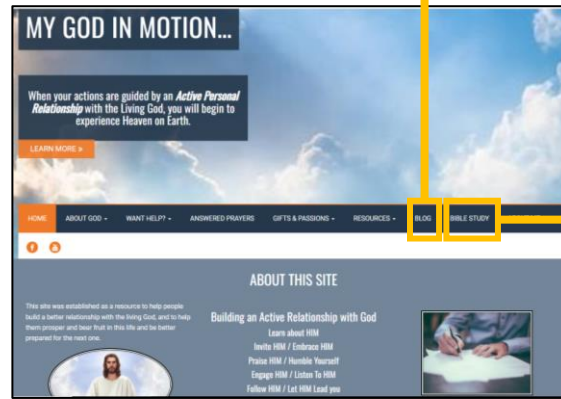
“...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.” 2 Chronicles 7:14

“My God In Motion” Resources

Website: <https://mygodinmotion.org/>

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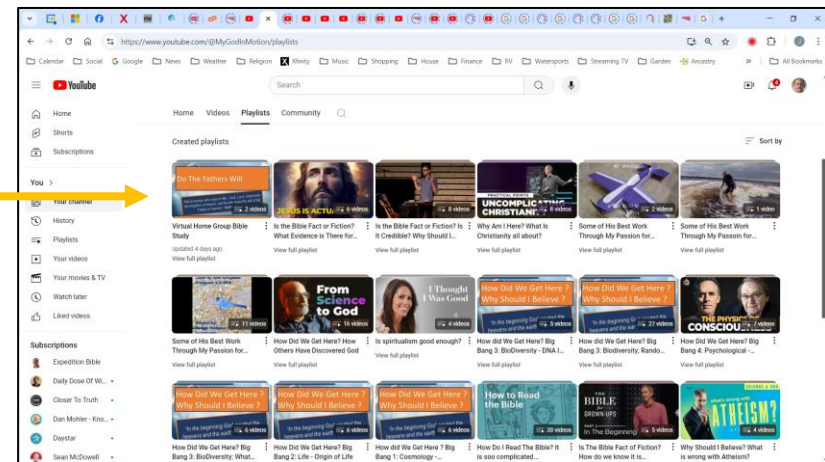
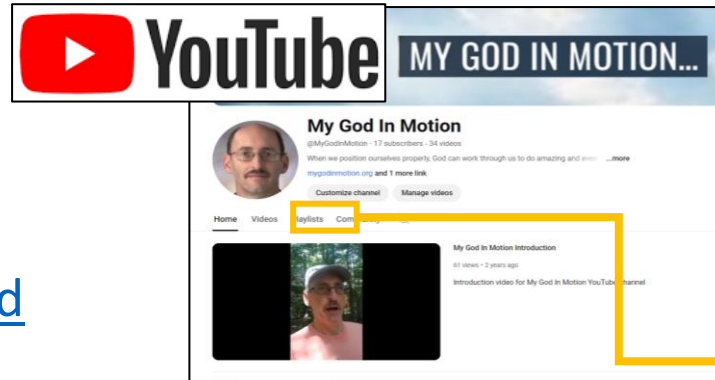
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