# MY GOD IN MOTION...

Change Your Pictures, Change Your Life

"For as he thinks in his heart, so is he...." Proverbs 23:7

Virtual Home Group Bible Study

05-29-2025

# Agenda

- Purpose & Opening
- Topic: What, Why, How
- Resources
- Discussion
- Feedback
- Next Session & Future Topics
- Call To Action & Closing

## Purpose & Opening

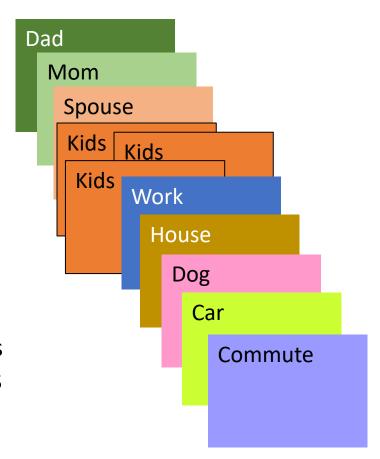
- Purpose: Exhort One Another Into Love and Good Works
  - "And let us consider one another in order to stir up love and good works,
  - Not forsaking the assembling of ourselves together, as is the manner of some,
  - but exhorting one another, and so much the more as you see the Day approaching."
  - Hebrews 10:24-25
- Opening Prayer:
  - Thank you for this opportunity
  - Give me Words to deliver Your message
  - Give us Eyes to See all things from Your perspective
  - Give us Ears to Hear and understand Your Word
  - Help us get to know You through Your Word
  - Help us be transformed into the people You intended us to be
  - Help us turn Your Words into loving action through our flesh
  - Help us bring glory to You in all we do

## Topic

- What: Change Your Pictures, Change Your Life
- Why:
  - My children accumulate baggage in their mind;
    - flawed images that limit their potential.
  - I died to set you free.
  - I am with you always and am working to in every situation for your best interest
  - If you look for Me, you will find me,
  - If you find Me and follow Me, you will be set free.
  - When you are free, you will shine as a beacon for others to find Me.
  - (From Journaling with Jesus 5/23)
- Approach: What, Why, How

## Your Mental Pictures Control Your Life

- Your Mind Builds Mental Pictures To Relate To The World
  - How Things Work
  - What Is Possible, What Is Appropriate
  - What Is Normal vs Abnormal
- You Use Mental Pictures to Trigger Behavior
  - How To Act / React
  - What is Safe = Relax, Recover and Rebuild, Open/Explore
  - What is Unsafe = Focus, Fight or Flight, Close/Protect
- We are Vulnerable To Confirmation and Perspective Biases
  - Our personal vantage point can limit our understanding
  - Our past filters new inputs and limits our ability to detect changes
- To Be Effective, We Must Continually Calibrate our Pictures
  - Do we properly understand the world we live in?
  - Have we changed/grown? Are we in the same environment?
  - Do we understand the new inputs?



# Your Thoughts Shape Your Health

- Your Mindset Drives Your Emotions
  - What Is Happening Around Me
  - What Is My Role

"For as he thinks in his heart, so is he...." Proverbs 23:7

- Your Mind and Emotions Drive Your Body
  - Positive Emotions Promote Health / Healing: Joy, Peace; Dopamine, Serotonin
  - Negative Emotions Adversely Impact It: Fear, Hate, Anxiety; Adrenalin Cycle, Cortisol
- Unmitigated Stress Can/Will Destroy You
  - Exhaustion, Pain, Heart rate, Blood pressure, Headache, Dizzy, Shaking, Digestion Issues,
  - Immune Compromise
  - Mental Instability, Addiction, Violence
- A Healthy Immune System Can Overcome Almost Anything



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## The Spirit Can Inform / Re-Calibrate Your Pictures

- Flawed Pictures Generate Problems
  - Stress Response When Not Necessary / Appropriate
    - Immune System Turned Off
    - Miss Opportunities
  - Relaxed When Should Be Focused/Taking Action
- Any Picture Without Jesus Front And Center Is Flawed
  - He Is With US Now, In Us, Amongst Us

#### Matthew 1:23

"Behold, the virgin shall be with child, and bear a Son, and they shall call His name Immanuel," which is translated, "God with us"

#### Matthew 28:20

"...lo, I am with you always, even to the end of the age"

# Are You Manifesting The Kingdom?

Aspect	Kingdom Of God	Fallen World
Relationship with God	Personal, Intimate, Active	Distant, Remote
God's Will	Understood: All Finding Repentance, Heaven and Earth Following Jesus, All Things Work for Good For Those Who Love God	Mysterious
Focus	Forward, Upward	Me/Mine, Past, Here Now
Emotions	Joy and Peace	Anxiety, Worry, Fear, Hate, Jealousy, etc.
Health	Bearing Fruit In Old Age	Pain, Disease, Blind, Deaf, Lame, Infirmity

### Luke 17:21

"...For indeed, the kingdom of God is within you."

### **Romans 14:17**

"For the kingdom of God is not food and drink, but righteousness and **peace and joy** in the Holy Spirit"

# Ask To See, Then Embrace God's Perspective

#### Hosea 4:6

"My people are destroyed for lack of knowledge."

### Proverbs 14:12

"There is a way that seems right to a man, But its end is the way of death."

### Isaiah 55:8-9

"For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts."

#### James 1:5

"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him."

### Habakkuk 2:2

"Write the vision; make it plain on tablets, so he may run who reads it"

## God Uses Visions To Give Perspective / Set Direction

### Visions and Dreams In The Bible

Category	Old Testament	New Testament	Combined
Dreams	21	6	27
Visions	33	17	50
Total	54	23	77

### Promise for Believers

Joel 2:28 / Acts 2:17

"And it shall come to pass in the lat days that I will pour out My Spirit on all flesh;

Your sons and your daughters shall prophesy,

Your old men shall dream dreams, Your young men shall see visions."

# We Want To Open Our Spiritual Eyes And See

### 2 Kings 6:15-17

And when the servant of the man of God arose early and went out, there was an army, surrounding the city with horses and chariots. And his servant said to him, "Alas, my master! What shall we do?"

So he answered, "Do not fear, for those who are with us are more than those who are with them." And Elisha prayed, and said, "Lord, I pray, open his eyes that he may see." Then the Lord opened the eyes of the young man, and he saw. And behold, the mountain was full of horses and chariots of fire all around Elisha.



# Everything Has Meaning

God Uses "Correspondences" – Visual Images With Significance / Meaning Ancient language – Used In Bible Stories, Parables, Dreams, Visions Some residual in modern language

Sun = God Light = Truth Warmth = Love

See = Recognize/Appreciate Spiritual Things

Hear = Understand / Apply

Water = Outer Spiritual Truth / Cleansing Flesh

Cloud = Inner Spiritual Truth / Regeneration

Birds = Affection for Inner Spiritual Truths / Thoughts

Fish = Affection for Outer Spiritual Truths / Senses

Butterflies = Transformation

Path = Toward God/Goodness/Heaven

Right Arm = Strength / Power

Hand = Take Action/ Support

Feet / Walk = Go / Apply

Trees = Maturity / Strength

Lamb / Dove = Defenseless / Innocence

Rock = Stable Ground / Truth

Fishing = Seeking Spiritual Truth

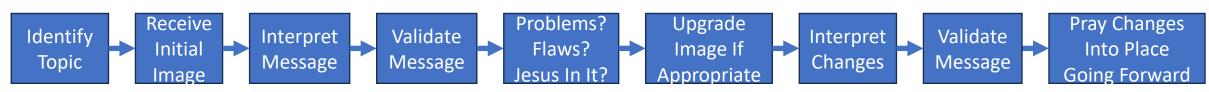
Storm Clouds = Challenges/Spiritual Trials

Seeds = Ideas that must be planted, root and grow

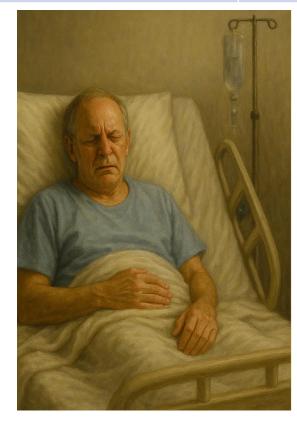
Fruit = Productive End Result That Propagates

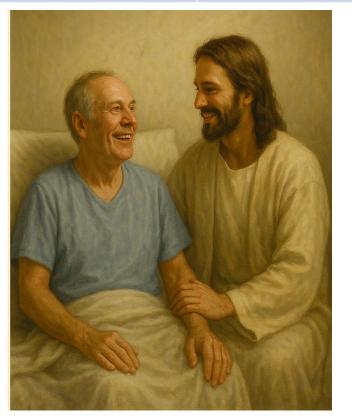
# Change Your Pictures, Change Your Life

- Identify Topic: Which topic generates non-kingdom emotions? Ask Jesus.
- Receive Initial Image:
  - Become Still Quiet Environment, Quiet Your Mind, Close Your eyes.
  - Picture Jesus Approach Him as a child seeking fatherly input
  - Ask Him for input Tune to flow, Receive His message/image/vision
- Describe what you see:
  - Where are you? What do you see? Who else is there? What is happening? What do you feel?
  - Do you see the sun? Is Jesus there? What is He doing?
- Interpret: Use Correspondences. What meaning or message emerges? Good? Opportunities?
- Validate: Does it make sense? Does it resonate in the spirit? Ask for confirmation.
- If "Flawed" image Jesus not front and center Ask Him to move in
- Receive Upgraded Image Describe what Jesus is doing, What has changed?
- What is intended change? New perspective? New belief? New practice?
- Repent of Ungodly believe that allowed flawed picture
- Pray the change into place God's kingdom come, God's will be done on earth as in heaven

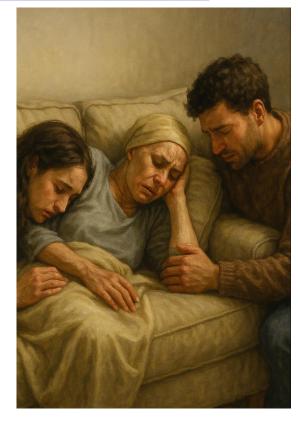


Person	Initial Situation / Image	Updated Image	Effect / Result
J	Distress after loss of partner.  Not present during passing.  Concerned he would feel abandoned.  Image of partner alone on death bed in hospital.	Jesus joined Image. Sits on bed. Partner sits up and embraces, smiles, happy. We ask, Lord did he feel alone or abandoned. Answer – Felt Love, Full of love and support.	Prayed to shed old image and hold new image. Felt significant relief. Able to move forward with new image.





Person	Initial Situation / Image	Updated Image	Effect / Result
Kelly	Distress from Loss of Sister-In-Law to cancer, while she herself is fighting. Image of Her children by couch watching her suffer and pass.	Image of Jesus with Her On Couch, She sitting up engaged in spirited discussion, Laughing. Enjoying. No Suffering.	Significant Relief, Better Memory to Hold, Better able to move forward - but months of feeling loss was a major setback.





Person	Initial Situation / Image	Updated Image	Effect / Result
Michelle	Distress from loss of husband and sister in one mo. Husband after extended illness. Sister by surprise, day after phone call reconnecting. Sees pond amongst tall trees, 6 kids fishing. Trees represent maturity/strength, Water is truth.	Asked her to look Around, See if Jesus was there. Sees Jesus on far side of lake, kids don't see Him. Recognizes kids as a group of folks she works with. Knows she is called to somehow help them find Jesus.	Significant Peace knowing she is called. Prayed image into placeNow serving on town board (6 members) -Now assistant pastor in local church -Many finding encouragement through Her





Person	Initial Situation / Image	Updated Image	Effect / Result
Shanon	2 Yrs into Cancer struggle. Using natural remedies, and mystic practices, was cancer free but still suffering. Sees Jesus reflected in pool amongst ancient mystic records she feels connected to and dependent on.	Jesus tells her mysticism is only a shadow of Him. She says, these are the ancient ways to the Father, Jesus responds: Yes and they all pointed to me, I am the Truth and the only way to the Father. If she wants healing, she needs to jump in the living water and come to Him.	She was not willing. Wanted to maintain control. Passed from mysterious illness.





Person	Initial Situation	Image	Effect / Result
Karin	I was led to engage her, set up call  She had been Asked to Answer Question About Why Animals Need to Suffer If They Can Not Sin	I got thought of our dog and verse I was led to for him, "Creation groans waiting for children of God to manifest"  She got image of Jesus pointing out seagulls and sensed His deep love and caring for all creation.	She knew then how to answer the question for this viewer. God loves all of creation and as we draw closer to him, things will get better for all

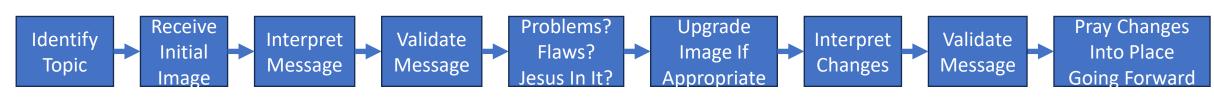


# Common Lies / Un-Godly Beliefs In Believers

Un-Godly Belief	Godly Belief	Reference
My Friend Is Dead	There is No Death, Just Transition	Ecclesiastes 12:7 - "Then shall the dust return to the earth as it was: and the spirit shall return to God who gave it."
God Is Distant	Jesus is Right Here With You	Matthew 28:20 - "And Io, I am with you always, even to the end of the age"
I Can Not Hear God's Voice	Seek and You Will Find, Be Still And You Will Hear	John 10:27 - "My sheep hear my voice, and I know them, and they follow me."
I Can Not See God	Love Him With All Your Heart, You Will See Him	Matthew 5:8 - "Blessed are the pure in heart: for they shall see God
Visions are not biblical	77 Visions and dreams in the bible. Holy Spirit is released so all can prophesy, dream dreams, have visions.	Joel 2:28 / Acts 2:17  "And it shall come to pass in the last days that I will pour out My Spirit on all flesh; Your sons and your daughters shall prophesy, Your old men shall dream dreams, Your young men shall see visions."
I Am All Alone	You Are Never Alone	Isaiah 41:10 - "So do not fear, for I am with you"

# Practice – Any Volunteers?

- Identify Topic:
  - Which topics in your life generate non-kingdom emotions?
  - Ask Jesus for input.



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# Practice – Any Volunteers?

Non-Kingdom Emotion: Guilt/Self-Blame

Situation: Condo Balcony Repair, Halted In Progress Due To Noise Complaint, Left With No Railings.

Engaged Mgmt with Concern, Dismissed because of limited access/exposure.

Owner sleepwalks out onto balcony, falls 8 ft, breaks bones/injures back

Feel bad I didn't do more, be more assertive/insistent

Initial Image: Blue skies, Birds flying, At scene of fall, Victim looking up at the birds - Uplifting

Interpretation: Blue is Truth, Birds are truths/ideas coming to you, Breeze/Wind is Spirit in action

Was Jesus there? Yes – Now I see Him, off to the side.

What Was He doing? Making sure incident was not much worse

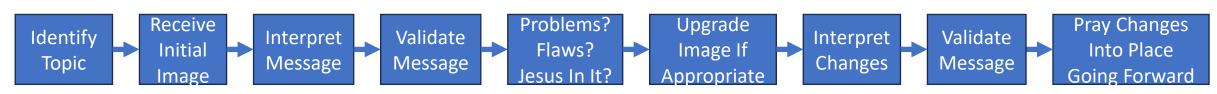
Impact of New Picture? Jesus engaged, Prayers having effect, Remove guilt? Feel a bit better

Ungodly beliefs: Jesus wasn't there – No - He Was and Is

Guilt is normal and acceptable – No – We do our best, Learn from mistakes and move on

Implement New Picture: Lord, me purge the initial picture without you, and hold the new one with you

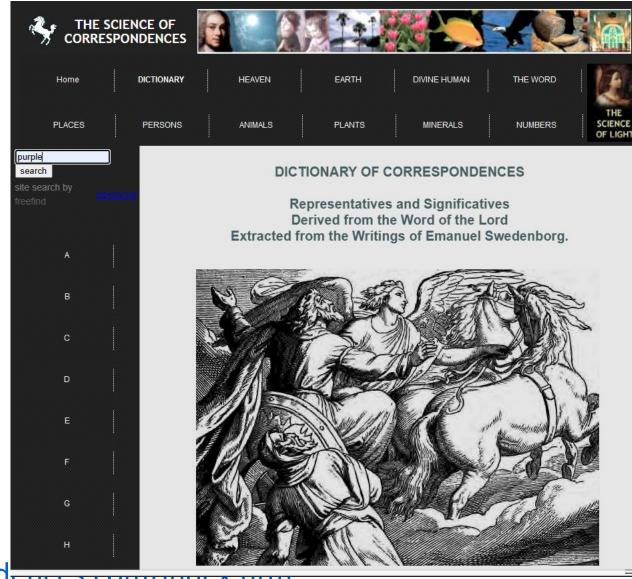
present and helping. Help us help this victim in any way we can as ambassadors for you.



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## Resources

**Correspondence Dictionary** 



http://www.scienceofcorrespondences.com/maex.num

## Resources

### My God In Motion

Hear God's Voice: Interactive Journalling

https://mygodinmotion.org/about-him-god-jesus/relationship/you-can-hear-gods-voice/

Hear God's Voice - Through His Word

https://mygodinmotion.org/about-him-god-jesus/principles/hear-the-word-of-god/

Hear God's Voice - Receive Word Of Wisdom

https://mygodinmotion.org/info/building-a-relationship-with-god/listen-for-his-input/word-of-wisdom/

Change Your Pictures, Change Your Life

https://mygodinmotion.org/about-him-god-jesus/principles/change-your-perspective/



## Call to Action:

- Leverage God's Messages/Visions for You
  - Ask Him which of your internal pictures are flawed
  - Ask Him for help to fix them
  - Ask Him for His Vision for you going forward
  - I am happy to facilitate
- Explore Correspondences
  - Make a list of the ones you know/understand
  - Pick a verse and look it up in correspondence dictionary
  - See if it helps your bible understanding

## Discussion

## This Topic

- Questions / Clarification?
- Practical Experiences?
  - Struggles / Barriers
  - Success / Lesson Learned

## Other Topics

• Questions?

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## Feedback

- What is working: Keep doing
  - ✓ Good Content Food for thought
  - ✓ Good Mix Content & Discussion
  - ✓ Good Format Casual / Informal Easy to engage
  - ✓ Graphics are good/helpful Draw the story together
  - ✓ Do quick intro when new folks so they get familiar
  - ✓ Host log in at 6:45 so others can get settled online and start on time.
- What could be better: Suggestions to consider
  - ✓ Me: Send Reminder Text Early, and then 30 min before
  - ✓ Me: Set dog up for success to avoid distraction
  - ✓ Me: Mute participants during presentation to improve sound quality
  - ✓ Add Page Num, Session Num, Date to slides for easier ref Make chunks of content, easier to process/discuss

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## Next Session & Future Topics

### Candidate topic for next week:

### Recent Activity / Potential Topics:

- Gratitude Defeats Anxiety
- Deny Your Life To The Point Of Death!
- How do you Restore the Image of God?
- What does it mean to be a Branch of Jesus' Vine?
- How is God's Love perfected through us?
- Fear of God is the beginning of Wisdom!
- Yield Your Life To Find It His Will, Not Yours
- What does it look like to Love God with all your heart

### Any hot topics on your mind?

- How to stand in Faith in end times
- What does the new heaven/new earth mean?
- What are the steps to discernment

Next Session: Thurs 6/05/25

# Closing

- Thank You for this opportunity, fellowship, sharing
- Thank you for the gift of Your Word, and Your Son who made it flesh
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into our flesh
- May we recognize the opportunities within us and around us
- May we seek Your face and embrace Your help to root out our selfish agendas
- May we transform into Your image and perfect the flow of Your love to others
- May we be inspired into the good works that You have prepared
- May we walk in the light as Jesus was in the light,
   shine as a bright beacon in this dark world, and
   do all things in Your name to bring glory to the Father who sent You

<sup>&</sup>quot;...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." 2 Chronicles 7:14

"My God In Motion" Resources

Website: <a href="https://mygodinmotion.org/">https://mygodinmotion.org/</a>

-Blog

-Bible Studies







YouTube: <a href="https://www.youtube.com/@MyGodInMotion">https://www.youtube.com/@MyGodInMotion</a>

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