

MY GOD IN MOTION...

Use God's Words!

“... My words which I have put in your mouth, shall not depart from your mouth...” Isaiah 59:21

Virtual Home Group Bible Study

11-04-2025

Agenda

- Purpose & Opening
- Topic: What, Why, How,
- Resources
- Discussion
- Group Prayers
- Feedback, Next Session & Closing

Purpose & Opening

- Purpose: Exhort One Another Into Love and Good Works

“And let us **consider one another** in order to **stir up love and good works**,
Not forsaking the assembling of ourselves together, as is the manner of some,
but **exhorting one another**, and so much the more as you see the Day approaching.”

Hebrews 10:24-25

- Opening Prayer:

Lord, Thank you for this opportunity.

Give me Words to deliver Your message.

Give us Eyes to See all things from Your perspective

and Ears to Hear and understand Your Word

Help us get to know You through Your Word

and Help us be transformed into the people You intended us to be

Help us turn Your Words into loving action through our flesh

and bring You glory in all we do. In Jesus' Name, Amen.

Topic

What:

Use God's Words

Why:

- Words have creative power. They create something out of nothing.
- I created everything with My words.
- I gave you dominion; You create your future with your words.
- My words are the truth and they are powerful
- Speak My words to create the bright future I want for you.

(From Journaling with Jesus 10/29)

Approach: What, Why, How

What: Word of God

Matthew 4:4

But he answered, “It is written, ‘Man shall not live by bread alone, but by every **word** that comes from the mouth of God.’”

John 1:1, 1:14

“In the beginning was **the Word**, and the Word was with God, and the Word was God....And the Word became flesh and dwelt among us...”

From Strong's Concordance

Word = Rhema (HREH-mah) = Utterance, Statement, Command Spoken
from Rheo = To speak

The Word = Logos (LO-gos) = Logic and Reasoning expressed in words

Illustrative interpretation:

The logic and reasoning of God the Father came to earth in the flesh in the form of Jesus,
We are to embrace and live by the words from Gods mouth.

Your Choice Of Words Matter

Proverbs 18:20

“From the fruit of a man's mouth his stomach is satisfied;
he is satisfied by the yield of his lips.”

Proverbs 18:21

“Death and life are in the power of the tongue,
And those who love it will eat its fruit.”

Matthew 12:36-37

“...on the day of judgment people will give account for every careless word they speak,
for **by your words you will be justified,**
and **by your words you will be condemned.**”

Psalms 19:14

“Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.”

God's Spoken Words Have Creative Power

Psalms 33:6

By the Word of the Lord the heavens were **made**, and by the **breath** of his mouth all their host.

Psalms 33:9

For He **spoke**, and it came to be; He commanded, and it stood firm.

Genesis 1:1-31

In the beginning, God created the heavens and the earth....

And God **said**, "Let there be light," and there was light.... (Day 1)

And God **said**, "Let there be an expanse..." Heaven... (Day 2)

And God **said**, "Let the waters under the heavens be gathered together into one place, and let the dry land appear."

And God **said**, "Let the earth sprout vegetation,..." And the earth brought forth vegetation... (Day 3)

And God **said**, "Let there be lights in the expanse of the heavens to separate the day from the night" (Day 4)

And God **said**, "Let the waters swarm with swarms of living creatures, and let birds fly above the earth..." (Day 5)

And God **said**, "Let the earth bring forth living creatures according to their kind..." (Day 6)

Hebrews 11:3

By faith we understand that **the universe was created by the word of God**, so that what is seen was not made out of things that are visible.



Your Words Have Creative Power

“Death and life are in the power of the tongue...”
Proverbs 18:21

Dr. Masaru Emoto, 1943-2014

Impact of words evident when water is frozen

- Spoken Words, Emotions/Thoughts
- Locally and at A Distance

Double-Blind Test of the Effects of
Distant Intention on Water Crystal Formation

<https://www.sciencedirect.com/science/article/abs/pii/S1550830706003272>

Grade School Experiment – Bullying a Plant

<https://youtu.be/yihMw0e8pV4>



God's Words Bring Power

Aspect	Role	Reference
God = "The Word"	In the beginning was the Word, and the Word was with God, and the Word was God.	John 1:1
Truth	Your Word is Truth	John 17:17
Permanent /Unchanging	Heaven and earth will pass away, but my words will not pass away . The grass withers, the flower fades, but the word of our God will stand forever .	Matthew 24:35 Isaiah 40:8
Powerful / Does Work	So shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose , and shall succeed in the thing for which I sent it.	Isaiah 55:11
Creates Supernatural Results	"...The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works. Believe Me that I am in the Father and the Father in Me, or else believe Me for the sake of the works themselves."	John 14:10-11
Living and Active / Working In Us	For the word of God is living and active , sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.	Hebrews 4:12
Does Work In Us	The law of the LORD <i>is</i> perfect, converting the soul; The testimony of the LORD <i>is</i> sure, making wise the simple	Psalms 19:7
Grows In Power As People Share Their Testimony	"And many who had believed came confessing and telling their deeds.... So the word of the Lord grew mightily and prevailed.	Acts 19:18-20

We Are To Use/Leverage God's Word

Use	Verse	Reference
Knowledge / Understanding	For the Lord gives wisdom; from his mouth come knowledge and understanding	Proverbs 2:6
Guidance	How can a young man keep his way pure? By guarding it according to your word. His word is a Lamp to our feet, Light to our path	Psalm 119:9 Psalm 119:105
Spiritual Food	Man shall not live by bread alone, but by every word that comes from the mouth of God	Matthew 4:4
Faith	So faith comes from hearing, and hearing through the word of Christ.	Romans 10:17
Life	It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life .	John 6:63
Hope	For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope .	Romans 15:4
Blessings, if we comply	But he said, "Blessed rather are those who hear the word of God and keep it! "	Luke 11:28
Shield / Refuge	Every word of God proves true; he is a shield to those who take refuge in him.	Proverbs 30:5
Complete Us / Equip Us	All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.	2 Timothy 3:16-17
Sword / Offensive and Defensive Weapon	"Put on the whole armor of God, that you may be able to stand against the schemes of the devil... take the helmet of salvation, and the sword of the Spirit, which is the word of God,..."	Ephesians 6:11-17

We Are To Absorb and Apply God's Word

Aspect		Reference
See / Observe / Pay Attention / Focus	"My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them within your heart. For they are life to those who find them, and healing to all their flesh."	Proverbs 4:20-22
Hear / Understand / Apply / Comply / Do	<p>"Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock."</p> <p>But he said, "Blessed rather are those who hear the word of God and keep it!"</p> <p>"But be doers of the word, and not hearers only, deceiving yourselves."</p>	<p>Matthew 7:24</p> <p>Luke 11:28</p> <p>James 1:22</p>
Value / Cherish in Heart	"I have stored up your word in my heart , that I might not sin against you."	Psalms 119:11
Receive / Implant	"Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word , which is able to save your souls."	James 1:21
Live Off Of It / Depend On It	"I have not departed from the commandment of his lips; I have treasured the words of his mouth more than my portion of food."	Job 23:12
Speak It	<p>"...with the heart one believes unto righteousness, and with the mouth confession is made unto salvation."</p> <p>"Whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen."</p>	<p>Romans 10:9-10</p> <p>1 Peter 4:11</p>
Engage Others With It	"Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."	Colossians 3:16

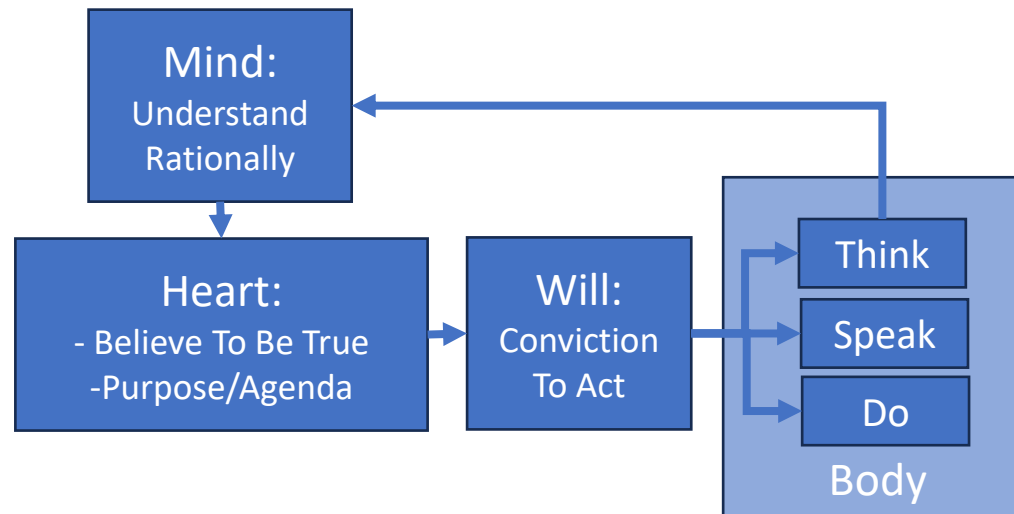
You Only Speak What You Truly Believe

2 Corinthians 4:13 (Psalm 116:10)

“And since we have the same spirit of faith, according to what is written,
‘I believed and therefore I spoke,’ we also believe and therefore speak”

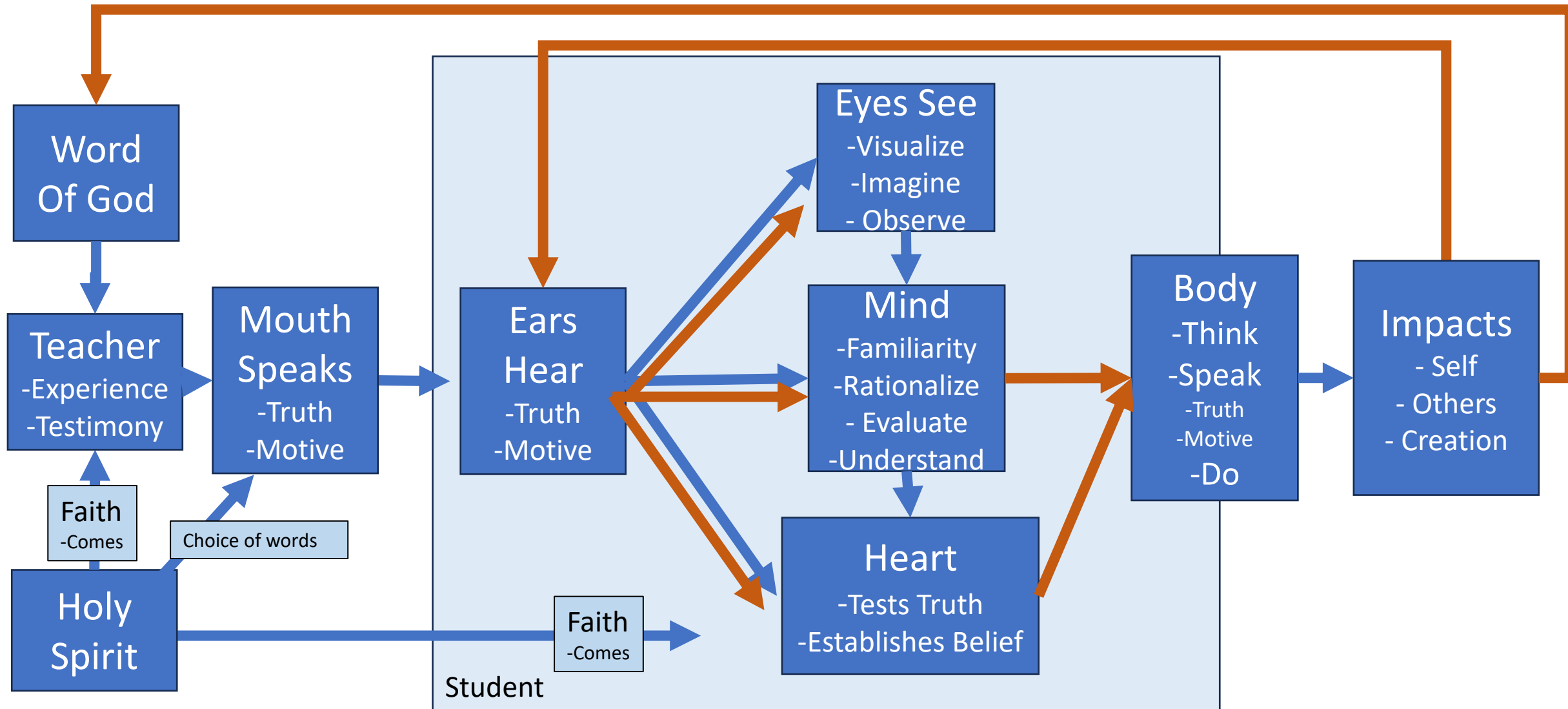
Luke 6:45

“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for **out of the abundance of the heart his mouth speaks.**”



- Effects On Creation
- Self (Now, Eternity)
 - Others (Now, Eternity)
 - Attitude / Perspective
 - Skills / Learning / Preparation
 - Relationships / Network
 - Resources
 - Opportunities

Our Mouth Completes The Loop



Choose Your Words Carefully

Aspect	Your Own Words	God's Words	Reference
Eternal Effect	Death	Life	Proverbs 18:21
Earthly Effect	Curses	Blessings	Deuteronomy 30:19
Scope/Perspective	Life Here/Now	Unseen / Eternal Kingdom	2 Corinthians 4:18
Orientation/Priority	Fear Man / Love Self/ Love The World	Fear God, Love God & Neighbor	Matthew 10:26-28
Attitude	Victim	Victory	1 Corinthians 15:57
Relationship with God	Distant	Intimate/Personal	James 4:8
Earthly Body	Follow My Feelings, Flesh	Crucify My Flesh	Galatians 5:24
Ways of The World	Immerse, Condone, Celebrate	Separate, Become Temple For Spirit	2 Corinthians 6:17
Constraints	Material/Natural/Physical	Invisible, Spirit, Supernatural, Grace	2 Corinthians 4:18
Purpose	Live For ME/Here/Now	Glorify God, Shine	Colossians 3:23-24
Identity	Past, Self, Body, Things, Position	Born Again Child Of God	2 Corinthians 5:17
Location	Lowly sinner, suffering in fallen world.	Seated With Jesus In Heavenly Realms	Ephesians 2:6
Lead By/Walk By	Me, My Understanding	Spirit: Ask, Listen, Hear, Be Led	Galatians 5:16
Control/Trust	Me, Man	God/Jesus/Holy Spirit	Proverbs 3:5
View Of Others	Resources, Friends, Enemies	Children, Loved, Valued, Lost	1 John 4:11-12
Word Of God	Optional	Learn, Absorb, Live By, Speak	Matthew 4:4

Words In Our Mind Matters – Take Them Captive

Psalm 19:14

Let the **words of my mouth** and the **meditation of my heart** be acceptable in your sight, O Lord, my rock and my redeemer.

Colossians 3:16

Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Romans 12:2

Do not be conformed to this world, but be transformed by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Colossians 3:2

Set your minds on things that are above, not on things that are on earth.

Philippians 4:8

Finally, brothers, whatever is **true**, whatever is **honorable**, whatever is **just**, whatever is **pure**, whatever is **lovely**, whatever is **commendable**, if there is any **excellence**, if there is anything **worthy of praise**, think about these things.

2 Corinthians 10:5

We destroy arguments and every lofty opinion raised against the knowledge of God, and **take every thought captive** to obey Christ,

Declarations:

- There Is A God and I am Not It
- I Trust God – He Has the Love, Wisdom and Power To Help Me
- I Submit Myself To God – The Devil Will Flee
- I Take My Thoughts Captive To Christ – I Will not be Deceived or Distracted
- I Turn Anxiety into Productive Prayer

Declaration: “There Is One God, and I Am Not It”

I acknowledge and declare that there is one true and living God, the Creator of heaven and earth, and I am not Him. He alone is worthy of all worship, honor, and praise.

I renounce pride, self-serving agendas, self-reliance, and every form of self-worship that leads to idolatry of the heart.

I choose instead to humble myself before God, to seek His will above my own, and to live in obedience to His Word.

His wisdom is perfect, His plans are higher, and His power is made strong in my weakness.

I belong to Him, and I live to glorify His holy name in all I do

I will worship the Lord my God and serve Him only, for His ways are righteous, His plans are perfect, and His purposes for me are far greater than anything I could devise. In Jesus' Name.

Key Scripture:

“In the beginning God created the heavens and the earth.” — Genesis 1:1

“You shall have no other gods before Me.” — Exodus 20:3

“You shall worship the Lord your God, and Him only you shall serve.” — Matthew 4:10

“Trust in the Lord with all your heart, and lean not on your own understanding.” — Proverbs 3:5

“For My thoughts are not your thoughts, nor are your ways My ways,” — Isaiah 55:8

“Know that the Lord, He is God; it is He who has made us, and not we ourselves; we are His people and the sheep of His pasture.” - Psalm 100:3

“Do nothing out of selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.” — Philippians 2:3

“God resists the proud, but gives grace to the humble.” — James 4:6

Declaration: “I Trust God – He Has the Love, Wisdom, and Power to Help Me”

I trust in God with all my heart, knowing that He is perfectly loving, infinitely wise, and all-powerful. He sees my needs, understands my circumstances, and knows what is best for me.

I rest in His promises, confident that He works all things together for my good and for His glory.

I will not rely on my own understanding or strength, but lean fully on His guidance and provision.

No challenge is too great, no problem too complex, and no enemy too strong, for my God is able to help me in every situation.

I place my life, my future, and my every need in His hands, trusting Him completely. In Jesus’ name.

Key Scripture:

“Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.” — Proverbs 3:5–6

“The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him.” — Psalm 28:7

“For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.” — Jeremiah 29:11

“Ah, Lord God! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You.” — Jeremiah 32:17

“Casting all your care upon Him, for He cares for you.” — 1 Peter 5:7

Declaration: “I Submit Myself to God – The Devil Will Flee”

I submit myself fully to God, yielding my thoughts, my will, and my actions to His authority.

I acknowledge that the devil is a real and active enemy, seeking whom he may devour and destroy.

But I resist him and stand firm in faith, knowing that he has no power over me except what I allow.

As I draw near to God, the enemy must flee, for the Spirit of the Lord inhabits me.

I walk in obedience, clothed with the armor of God, and declare victory over every scheme of darkness.

God’s presence fills me, His Word guides me, and His power protects me.

The enemy has no place in my life. I speak this in Jesus’ name.

Key Scripture:

“Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.” — 1 Peter 5:8

“Submit yourselves therefore to God. Resist the devil and he will flee from you.” — James 4:7

“The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?” — Psalm 27:1

“Be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil.” — Ephesians 6:10–11

“Draw near to God and He will draw near to you.” — James 4:8

Declaration: “I Take My Thoughts Captive to Christ – I Will Not Be Deceived or Distracted

I take every thought captive and submit it to the obedience of Christ.

I acknowledge that the devil is a liar, actively seeking to deceive me and keep me from embracing God’s Word and His purpose and plans for me.

I refuse to entertain his lies, distractions, or schemes, and I guard my mind with the truth of Scripture.

I focus on Jesus, the author and perfecter of my faith, and allow His Word to shape my thoughts, my decisions, and my life.

I will not be conformed to the patterns of this world but transformed by the renewing of my mind.

Every temptation, doubt, and mental attack is subject to Christ’s authority within me, and I think God’s thoughts, dwell on His truth, and walk in His wisdom and clarity.

I speak this in Jesus’ name.

Key Scripture:

“We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.” — 2 Corinthians 10:5

“Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.” — 1 Peter 5:8

“You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it.” — John 8:44

“Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” — Romans 12:2

“Finally, brethren, whatever things are true...meditate on these things.” — Philippians 4:8

“Set your mind on things above, not on things on the earth.” — Colossians 3:2

Declaration: “I Turn Anxiety into Productive, Fervent Prayer”

I refuse to let anxiety control my mind, my heart, or my life.

Instead, I cast all my cares upon God, knowing that He cares for me and hears every concern.

I turn worry, fear, and unrest into fervent, focused prayer, bringing my needs, my fears, and my desires before Him.

Through prayer, I receive peace that surpasses understanding, guidance for every decision, and strength for every challenge.

I am not overwhelmed by life’s pressures, for I am anchored in the love, power, and faithfulness of God.

My anxiety is transformed into trust, action, and communion with my Heavenly Father.

I speak this In Jesus’ name.

Key Scripture:

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” — Philippians 4:6–7

“Casting all your care upon Him, for He cares for you.” — 1 Peter 5:7

“The Lord is near to all who call upon Him, to all who call upon Him in truth.” — Psalm 145:18

“Pray without ceasing.” — 1 Thessalonians 5:17

“The effectual fervent prayer of a righteous man avails much.” — James 5:16

Declarations:

- ✓ There Is A God and I am Not It
 - ✓ I Trust God – He Has the Love, Wisdom and Power To Help Me
 - ✓ I Submit Myself To God – The Devil Will Flee
 - ✓ I Take My Thoughts Captive To Christ – I Will not be Deceived or Distracted
 - ✓ I Turn Anxiety into Productive Prayer
-
- I Earned Eternity In Hell, Jesus Is My Lord and Savior
 - I Am Loved, God Loves Me, He Sent His Son
 - I Am Born Again – I Have A New Heart and A New Spirit
 - I Crucify Sin – I Deny myself, pickup my cross and follow Jesus
 - I Have A New Purpose – I Will Bring God Glory In All I Do
 - I Am Being Transformed By Grace - I put off the old, and put on the new
 - I Am Led By The Spirit - I Hear God's Voice and Do What He Says

Resources

Barry Bennett

The Power of His Words - Free Indeed

<https://youtu.be/p7zSWy-govs>

How God's Word Opens the Eyes of Your Understanding

<https://youtu.be/Ld5hsFHFO4>

His Words Are Life

<https://youtu.be/droGkM5BWos>

Your Words Might Be Killing You

https://youtu.be/JCu_qTNgXW4

The Power of Words for Health and Healing

<https://youtu.be/AtUwxfuM6U>

My Website – My God In Motion

The Power Of Positive Affirmation – includes link To Collection of Declarations

<https://mygodinmotion.org/about-him-god-jesus/how-to/declarations-positive-affirmations-of-faith/>

My Covers of Spiritual Music

<https://mygodinmotion.org/gallery/music/spiritual-music/>

Call to Action:

- Be Bold – Use Gods Word
 - Consume, Dwell, Meditate, Cherish
 - Apply, Use
 - Take Your Thoughts Captive using It
 - Speak God's Word To Others

Discussion

This Topic:

- Questions / Clarification
- Practical Experiences: Struggles, Success, Lessons Learned

Other Topics:

- Questions / Comments ?
- Testimony To Share ?
- Group Prayers: Updates, New
- Journaling: Calling, Visions/Dreams, Gifts, Opportunities
- Feedback: What Is Working / Opportunities To Improve

Next Session: **Tues 11/11/25**

Closing:

Closing Prayer

- Heavenly Father, Thank You for this opportunity, fellowship, and sharing.
- Thank you for the gift of Your Word, and Your Son who made it flesh.
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into Our flesh.
- May we recognize the opportunities within us and around us.
- May we seek Your face and embrace Your help to root out our selfish agendas.
- May we transform into Your image and perfect the flow of Your love to others.
- May we be inspired into the good works that You have prepared.
- May we walk in the light as Jesus was in the light,
shine as a bright beacon in this dark world, and
do all things in Jesus' name to bring glory to the Father who sent Him.

“...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 2 Chronicles 7:14

“My God In Motion” Resources

Website: <https://mygodinmotion.org/>

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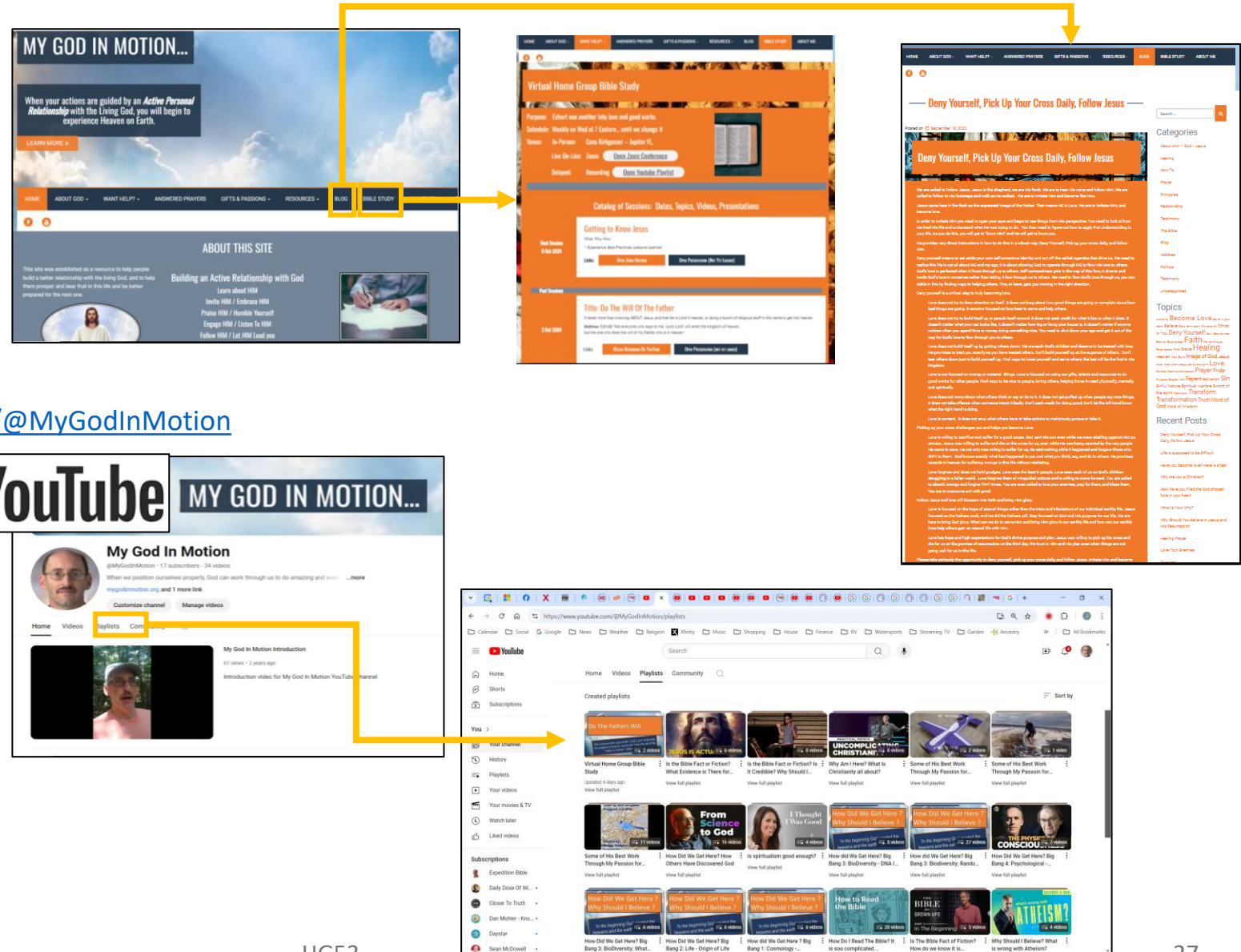
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Group Prayer Activity - Page 1

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
	Jay	Phantom limb pain	Go Around	Lord, Your will is always healing, by your stripes we are already healed. You told us to go around the pain. Help us see the path you have set before us to go around this pain.	1 week	Dr offered new pain med, significant improvement.
	Tammy Neighbor	Fall from unprotected balcony		Lord, we speak healing in Jesus' name.		Upbeat, minor surgery, expecting full recovery.
	World	Geopolitical Upheaval		Lord, help the world repent and find you. Help the US find its path back to leading the world in goodness.		
	Ashley	Vascular calcium		Lord, Help us find your path forward for Ashley.		Cardiac Dr Not Excited, Ordered Echo cardiogram tests to eval.
6/20	Lana	UTI	Aster testimony	Lord, help Lana find you and your path to healing. If Aster's supplement is the answer help her embrace it. We speak healing in Jesus' name.	1 Day	Felt significantly better
July	Guy	Back	Pray and be patient	Back be healed	1 Wk	Back pain free after church service
					9/8	Back recovered, back in gym
	Bergie	Heart		Help her get proper treatment, heal her heart	9/16	She is in a better situation now

Group Prayer Activity - Page 2

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
7/23	Tamra	Elbow Injury		Elbow be healed		Returned to urgent care, found fracture, wrapped differently, healed in 1 wk
7/23	Ashley	Broken Ankle		Path through surgery and recovery		Surgery successful, working PT
8/12	Tom	Kidney Issues		Lord, Help Tom find your path through these issues.		
	Donna	Heart		Lord, May new medical intervention enable success with heart and continuing this race	9/9	Stable, improved.
8/19	Michael	Cardiac Issues, Catheterization procedure failed, scheduling second attempt		Lord, Help Michael gain success through this procedure, help the Dr's be successful in addressing the issues.	8/23	Procedure was a success, Stints set up. Recovering.
9/9	USA	Urban Violent Crime, Woman Killed no train		Lord, May her death be a turning point bringing awareness and better systems of justice and mgmt of mental illness		
9/23	Tamra	Long drive ahead		Safe and Sound	10/1	Accomplished despite severe storms
10/8	Luis (Lori's Friend)	In Hospice		Peace On His Journey Home		
10/14	Jim	Life Struggles		Holy Spirit Help Jim: Housing, Employment, Mental, Financial, Trust You	10/21	Moved to hotel for week, improving

Group Prayer Activity - Page 3

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
10/28	Donna's Friend	Struggles in Hospice		Have peace with process, Have strength in faith to continue the race	11/4	Good attitude. Strength and Progress on journey

Declaration: "I Earned Eternity in Hell – Jesus Is My Lord and Savior"

I acknowledge the truth: God is holy, righteous, and just.

Sin has consequences—the wages of sin are death

I have sinned, we all have all sinned, by my own choices I have earned eternity in hell.

God is a just Judge. Someone has to pay the price for my sin.

By His mercy and love, God gave us a way out –

- He came here in the flesh as a son, Jesus, the spotless Lamb of God, gave His life for me.
- His body was broken to pay the price for my sin, His innocent blood was shed to cleanse my past.

I have a choice, either I bear my own punishment or accept Jesus' sacrifice and give my life to Him.

I chose to receive His gift of grace: I confess Jesus Christ as my Lord and Savior.

Through His death and resurrection, I am forgiven, redeemed, and restored to God.

I am no longer condemned, for Jesus bore my punishment.

I now live for Him—free, loved, and eternally secure in His salvation. I Speak This In Jesus' Name.

Key Scripture:

"For all have sinned and fall short of the glory of God." — Romans 3:23

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." — Romans 6:23

"He is the Rock, His work is perfect; for all His ways are justice." — Deuteronomy 32:4

"But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." — Romans 5:8

"If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved." — Romans 10:9

"There is therefore now no condemnation to those who are in Christ Jesus." — Romans 8:1

"He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him." - John 3:36

Declaration: “I Am Loved – God Loves Me, He Sent His Son”

I am loved—fully, deeply, and eternally—by the one true God.
I was born into a fallen world, separated from God by sin, that left a vacuum for love in my heart.
I have tried to fill that void by satisfying my own self-centered interests – pride, control, and lusts.
God is love and wants better for me, and He proved it by sending His Son, to rescue me.
Jesus showed His love by giving His earthly life for me—He sacrificed His earthly life to restore mine.
Through Christ’s innocent blood, I am reconnected to my Heavenly Father – the source of all love.
I recognize God’s love and will no longer try to fill the void only God can satisfy.
I now walk in the freedom and fullness of His perfect love, knowing I am His beloved child - forever.
I Speak this in Jesus’ name.

Key Scriptures:

“For all have sinned and fall short of the glory of God.” — Romans 3:23

“But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.” — Romans 5:8

“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.”
— John 3:16

“This is My body which is broken for you; do this in remembrance of Me.” — 1 Corinthians 11:24

“Greater love has no one than this, than to lay down one’s life for his friends.” — John 15:13

“We love Him because He first loved us.” — 1 John 4:19

Declaration: “I Am Born Again – I Have A New Heart and Spirit”

I am born again—I was born into the fallen world separated from God by my fallen nature, but now I am transformed by the power of God through faith in Jesus Christ.

The old has passed away; I am a new creation in Him.

God has given me a new heart and a new spirit, enabling me to desire what pleases Him and to walk in obedience to His Word.

I am no longer controlled by sin, fear, or shame, for His Spirit lives in me, guiding, empowering, and renewing me daily.

I am a child of God, alive in Christ, and I will live to glorify Him in every thought, word, and action.

I speak This in Jesus’ name.

Key Scripture:

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” — 2 Corinthians 5:17

“I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.” — Ezekiel 36:26

“That you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind.” — Ephesians 4:22–23

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.” — Galatians 5:22–23

“I will walk in the Spirit, and I will not fulfill the lust of the flesh.” — Galatians 5:16

Declaration: “I Have a New Purpose – I Will Bring God Glory in All I Do”

I have a new purpose in Christ: To bring glory to His name in my every thought, word, and action.

I am created for His pleasure, to bear fruit for His kingdom, to serve others, and to advance His will on the earth.

I will no longer live for myself or chase empty ambitions, but I will live intentionally to honor God and reflect His character.

Through the power of the Holy Spirit, I will fulfill the good works He prepared for me and impact the world for His glory.

My life is no longer my own; it is a living sacrifice, holy and acceptable to God, pleasing Him in all I do.

Key Scripture:

“We are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.” — Ephesians 2:10

“Whether, then, you eat or drink or whatever you do, do all to the glory of God.” — 1 Corinthians 10:31

“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.” - Romans 12:1

“You are the light of the world. A city that is set on a hill cannot be hidden.” — Matthew 5:14

“I have glorified You on the earth. I have finished the work which You have given Me to do.” — John 17:4

Declaration: “I Crucify Sin – I Deny Myself, Pick Up My Cross and Follow Jesus”

We live in a fallen world with a fallen nature. Self Conscious emotions and Self Centered agendas drive us into sinful thoughts and actions.

I crucify my sinful flesh daily, putting to death every desire, thought, and action rooted in self-consciousness and self-centered agendas.

I deny myself, surrendering my wants, my plans, and my comfort for the sake of Christ.

I willingly take up my cross, embracing the call to follow Jesus wherever He leads.

I am no longer a slave to sin, fear, or selfish ambition, for I live in the power of His Spirit.

Through His strength, I walk in obedience, bearing fruit for His kingdom and reflecting His glory in all I do. I speak this in Jesus' name.

Key Scripture:

“For if anyone thinks himself to be something, when he is nothing, he deceives himself.” — Galatians 6:3

“For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world.” — 1 John 2:16

“Then He said to them all, ‘If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.’” — Luke 9:23

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.” — Galatians 2:20

“For sin shall not have dominion over you, for you are not under law but under grace.” — Romans 6:14

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” — 2 Corinthians 5:17

Declaration: “I Am Being Transformed by Grace – I Am Putting Off the Old Man and Putting On the New”

I am being transformed by the amazing grace of God.

I am choosing to put off the old man—my sinful nature, my past mistakes, and my former ways—and I bury him in the grave with Jesus.

Through His death and resurrection, I am being raised into new life, empowered by God’s grace.

I hereby put on the new man, created in the image of God, renewed in righteousness, holiness, and the knowledge of His will.

By the Spirit, I am transformed from the inside out, growing in love, faith, and obedience.

I no longer live for myself, but for Christ who gave His life for me.

Each day, I walk in the newness of life, reflecting His character and glory in all I do. I Speak this in Jesus’ name.

Key Scripture:

“Knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.” — Romans 6:6

“Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.” — Romans 6:4

“That you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind.” — Ephesians 4:22–23

“Put on the new man who is renewed in knowledge according to the image of Him who created him.” — Colossians 3:10

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me.” — Galatians 2:20

Declaration: “I Am Led by the Spirit, Not the Flesh – I Ask, Listen, and Do What He Says

I acknowledge that following the flesh leads to trouble, destruction, and empty pursuits, while following the Spirit brings peace, righteousness, and eternal life with God.

The flesh and the Spirit are in conflict, each vying for my attention, but I choose to follow the Spirit of God.

I ask for His guidance, listen attentively to His voice, and obey without hesitation.

I walk in the Spirit, yielding my thoughts, desires, and actions to Him, bearing His fruit in every area of my life.

Through His leadership, I live in alignment with God’s will, experiencing victory, joy, and confidence in eternal life.

Key Scripture:

“Walk in the Spirit, and you shall not fulfill the lust of the flesh.” — Galatians 5:16

“For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.” — Galatians 5:17

“For to be carnally minded is death, but to be spiritually minded is life and peace.” — Romans 8:6

“For all who are led by the Spirit of God, these are sons of God.” — Romans 8:14

“Your ears shall hear a word behind you, saying, ‘This is the way, walk in it,’ whenever you turn to the right hand or whenever you turn to the left.” — Isaiah 30:21