

# MY GOD IN MOTION...

Use God's Words  
To Shape Your Future!

*"... My words which I have put in your mouth, shall not depart from your mouth..." Isaiah 59:21*

Virtual Home Group Bible Study

11-11-2025

# Agenda

- Purpose & Opening
- Topic: What, Why, How,
- Resources
- Discussion
- Group Prayers
- Feedback, Next Session & Closing

# Purpose & Opening

- Purpose: Exhort One Another Into Love and Good Works

“And let us **consider one another** in order to **stir up love and good works**,  
Not forsaking the assembling of ourselves together, as is the manner of some,  
but **exhorting one another**, and so much the more as you see the Day approaching.”

Hebrews 10:24-25

- Opening Prayer:

Lord, Thank you for this opportunity.

Give me Words to deliver Your message.

Give us all Eyes to See all things from Your perspective

and Ears to Hear and understand Your Word

Help us get to know You through Your Word

and Help us be transformed into the people You intended us to be

Help us turn Your Words into loving action through our flesh

and bring You glory in all we do. In Jesus' Name, Amen.

# Topic

What:

Use God's Words To Shape Your Future

Why:

- My children get wrapped up in this fallen world and miss their calling.
- I created them with so much more potential than they realize
- Cut off your flesh, put it behind you, and be released into new life
- Lose your life to find it
- You will be amazed what we can do when you align with my purpose and let me work all things for you.

(From Journaling with Jesus 11/04)

Approach: What, Why, How

# What: Align With God's Purpose

## Romans 8:28

“And we know that all things work together for good to those who **love God**, to those who are **the called** according to **His purpose**.”

## From Strong's Concordance

Love = agapaó (ag-ap-ah'-o) = Affectionate Reverence, Whole-hearted devotion, Prompt obedience, Grateful recognition of benefits.

The Called = klétos (klay-tos') = Those Invited, Those Responding / Drawn In

His Purpose = prothesis (PRO-thesis)

From pró = "before" and títhēmi = "purposefully set forth"

= Setting forth in advance for a specific purpose ("God's pre-thesis").

## Illustrative interpretation:

If we properly appreciate God and what He has done through His son,  
and have responded to His calling by realigning and devoting our lives to serve His son,  
He can work all things around us and in us to mold and shape us for our eternal benefit.

# Your Words Matter - You Speak What You Believe

Proverbs 18:21

“Death and life are in the power of **the tongue**,...”

2 Corinthians 4:13 (Psalm 116:10)

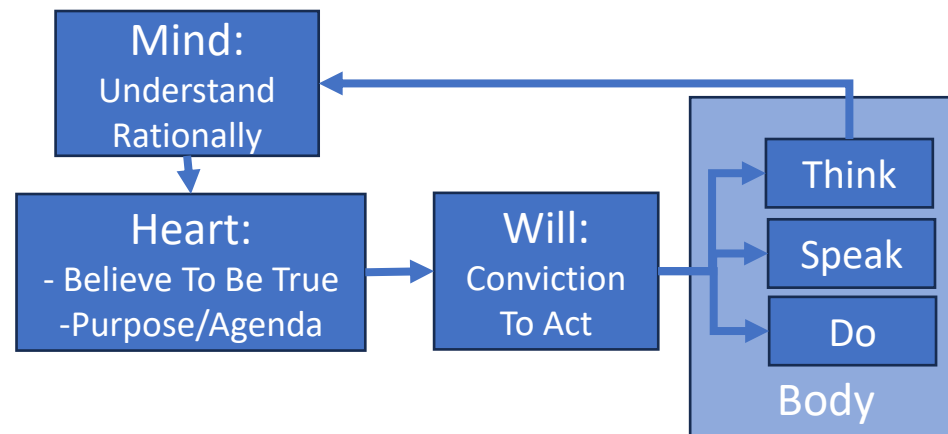
“...‘**I believed and therefore I spoke**,’...”

Luke 6:45

“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for **out of the abundance of the heart his mouth speaks**.”

Romans 10:10

“For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.”



## Effects – For Self And Others

- Good, Constructive, Useful
- Harmful, Destructive
- Aligned with God vs Against Him
- Brings Blessings vs Curses
- Open To God / Regeneration vs Open To Evil / Destruction

# Word Curses Constrain The Future

## Proverbs 18:21

“Death and life are in the power of the tongue,...”

## Towards Ourselves

“I can’t change”, “Once a sinner always a sinner”, “I was born this way”

“I’ll never be good enough”,

“I always mess things up”, “I suck at technology”

“No one could ever love me”, “I’m not worthy”

## Towards Others

“You will never amount to anything”

“You are going end up a bum just like your father”

“You are stupid”, “You are an idiot”

“He/She is evil, ... is mean hearted, ...is a drunk, ...deserves to rot in hell”

# Use God's Words To Realize "New Life"

## Choose To:

- **Cut Off The Source Of Sin – “Crucify” Your Fleshly / Self Centered / Desires**  
"Now those who belong to Christ Jesus have crucified the flesh with its passions and desires"- Galatians 5:24  
"Then Jesus said to His disciples, 'If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me.'" - Matthew 16:24  
"put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts" – Ephesians 4:22
- **Put Your Past Behind You – Put Off The Old Man, “Bury” it In Grave With Jesus - Become Dead To Sin**  
"We were **buried** therefore with him by baptism into death, in order that, just as Christ was **raised** from the dead by the glory of the Father, we too might walk in newness of life." Romans 6:4
- **Focus Forward As New Creation - Be Cleansed, “Raised into New Life”, Put On Christ**  
"how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?" - Hebrews 9:14  
"I have been **crucified** with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." — Galatians 2:20  
"be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness." – Ephesians 4:24  
"... one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. - Philippians 3:13-14

Cut Off / Crucify Your Desires



Put Off Old Ways / Bury Them



Be Release New – Put On Jesus



# Declaration: “I Crucify Sin – I Deny Myself, Pick Up My Cross and Follow Jesus”

We are born into a fallen world with a fallen nature. Self-Conscious emotions and Self-Centered agendas are vulnerable to temptation and lead us into sinful thoughts and actions which rebel against God and His plans for us.

Jesus gave up his earthly life to pay the price for my sins, I give my earthly life to Him as a living sacrifice. This is an easy choice when I will get to spend eternity with Him and avoid damnation.

I crucify my sinful flesh, putting to death every evil desire, thought, and action rooted in self-consciousness and self-centered agendas. I nail the lusts that stem from my sinful flesh to the cross with Jesus

I hereby deny myself, surrendering my wants, my plans, and my comfort for the sake of Christ.

I willingly take up my cross daily, embracing the call to follow Jesus wherever He leads.

I am no longer a slave to sin, fear of man, or selfish ambition, for I live by the power of His Spirit.

Through His strength, I walk in obedience, bearing fruit for His kingdom and reflecting His glory in all I do. I speak this in Jesus’ name.

## **Key Scripture:**

“For if anyone thinks himself to be something, when he is nothing, he deceives himself.” — Galatians 6:3

“For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world.” — 1 John 2:16

“Then He said to them all, ‘If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.’” — Luke 9:23

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.” — Galatians 2:20

“our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.” — Romans 6:6

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” — 2 Corinthians 5:17

# Declaration: “ I Am Putting Off the Old Man and Burying Him In The Grave With Jesus”

I am being transformed by the amazing grace of God.

I am choosing to put off the old man—my sinful nature, my past mistakes, and my former ways. I hereby bury my old sinful self and all my baggage in the grave with Jesus.

I have shared in the suffering with Jesus, loosing my earthly life to find it in Him.

I am now covered by Jesus blood and washed clean. My sins are forgiven and forgotten. Guilt and Shame have no place in me.

I am now officially dead to sin. I speak this in Jesus’ name.

## **Key Scripture:**

“Knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.” — Romans 6:6

“Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.” — Romans 6:4

“That you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind.” — Ephesians 4:22–23

“That I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death” - Philippians 3:10

“For whoever would save his life will lose it, but whoever loses his life for my sake will find it.” Matthew 16:25

# Declaration: “I Am Being Transformed by Grace – I Am Putting On the New Man - Christ”

I am being transformed by the amazing grace of God.

I have chosen to crucify my flesh, put off the old man, and I will now put on the new man - Christ

Through Jesus death and resurrection, I am being raised into new life, empowered by God’s grace.

I hereby put on the new man, created in the image of God, renewed in righteousness, holiness, and the knowledge of His will.

By the Spirit, I am transformed from the inside out, growing in love, faith, and obedience.

I no longer live for myself, but for Christ who gave His life for me.

Each day, I walk in the newness of life, reflecting His character and glory in all I do. I Speak this in Jesus’ name.

## **Key Scripture:**

“Knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.” — Romans 6:6

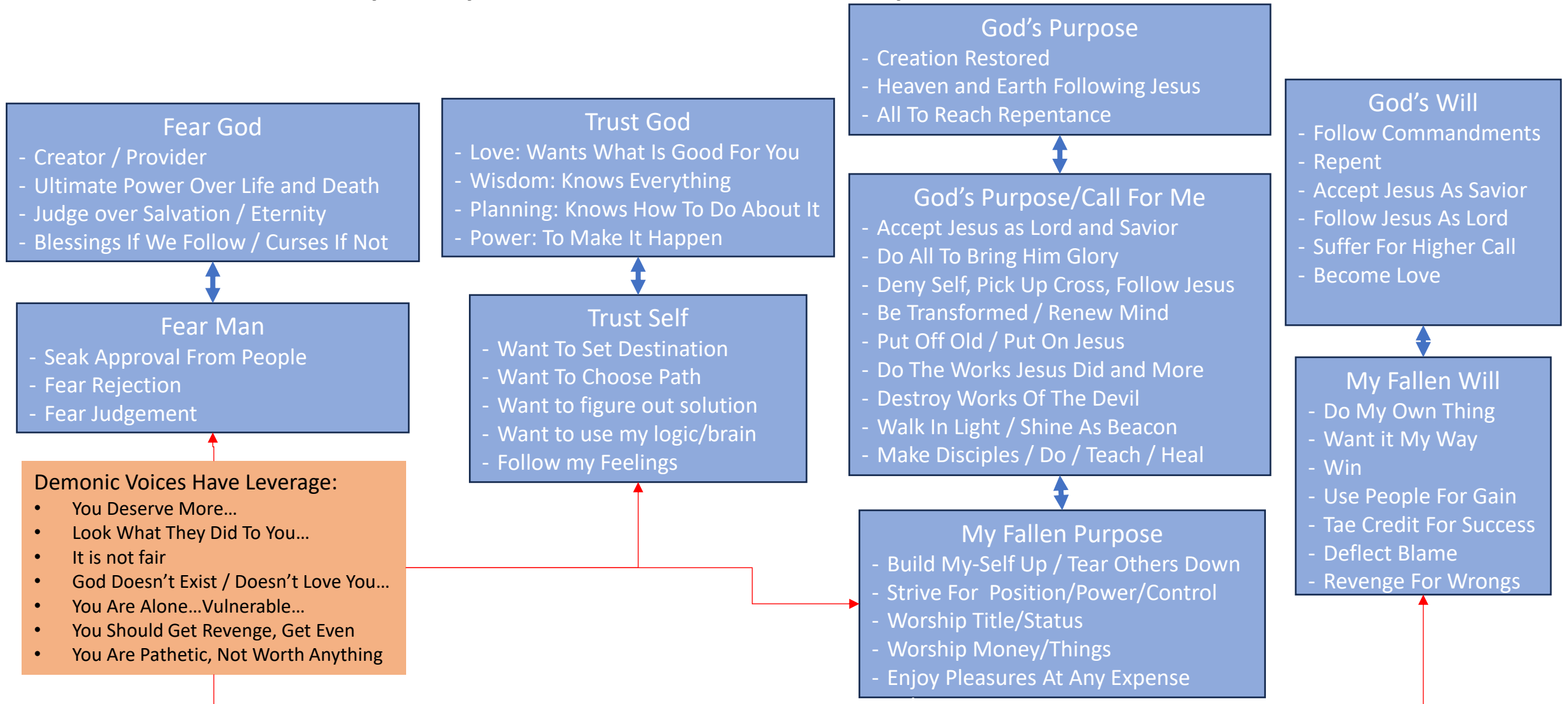
“Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.” — Romans 6:4

“That you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind.” — Ephesians 4:22–23

“Put on the new man who is renewed in knowledge according to the image of Him who created him.” — Colossians 3:10

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me.” — Galatians 2:20

# Some Key Dynamics At Play



# Choose Your Words Carefully

Aspect	Curse (Words That Bind or Limit)	Blessing (Words Aligned with God's Promises)	Bible Verse
Accept or Reject God	"I don't want/need God." "I Don't Care About God"	"I choose to love, obey, and follow the Lord my God. - He Loves Me and Wants the best for me. - He has the Wisdom to know all about me and my situation. - His planning accommodates all scenarios for best results. - He has the power to make it happen when I yield to Him.	Deuteronomy 30:15-20 – "See, I have set before you today life and good, death and evil, in that I command you today to love the Lord your God, to walk in His ways, and to keep His commandments, His statutes, and His judgments, that you may live and multiply; and the Lord your God will bless you in the land which you go to possess. But if your heart turns away so that you do not hear, and are drawn away, and worship other gods and serve them, I announce to you today that you shall surely perish; you shall not prolong your days in the land which you cross over the Jordan to go in and possess. ... Choose life, that both you and your descendants may live; that you may love the Lord your God, obey His voice, and cling to Him."
My Life	"This is My Life." "I Will Do Whatever I Want" "No Sky Daddy God is going to tell me what to do"	"Jesus Loves me and gave His earthly life for me, He purchased my life with His sacrifice. I love Him and hereby give My earthly life for Him. This life is no longer about Me it is all about Him."	Galatians 2:20 - "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. Matthew 16:24-25 – Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it."
Control: God's Will or My Will	"I Want Everything My Way." "I know what's best for me."	"Not my will, but Yours be done, Lord."	Luke 22:42 – "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done." Matthew 6:9-10 - "Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done"

# Choose Your Words Carefully

Aspect	Curse (Words That Bind or Limit)	Blessing (Words Aligned with God's Promises)	Bible Verse
Anger / Hatred Unforgiveness	<p>"I have every right to be angry...they did xyz to me"</p> <p>"I am not going to let them get away with it."</p> <p>"They are going to suffer and pay...eye for an eye"</p>	<p>"I forgive just as Christ forgave me. Jesus suffered for me, I will pick up my cross and suffer for Him. They are lost children blinded by the god of this world. I absorb this suffering and release them from the debt of their sins against me. I yield punishment to the Father as a just judge I pray they begin to see and reach repentance and find Jesus' love and truth so they can become the person God intended. I choose to walk in love and peace."</p>	<b>Proverbs 14:29:</b> "He who is slow to wrath has great understanding, but he who is hasty of spirit exalts foll
			<b>Ephesians 4:26-27:</b> "Be angry, and do not sin: do not let the sun go down on your wrath, nor give place to the devil"
			<b>Ephesians 4:31-32</b> – "Get rid of all bitterness... forgiving each other, just as in Christ God forgave you."
			<b>Romans 12:19</b> – "Do not take revenge... 'It is mine to avenge,' says the Lord."
			<b>Matthew 6:14-15</b> "For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses."

# Words In Our Mind Matters – Take Them Captive

Psalm 19:14

Let the **words of my mouth** and the **meditation of my heart** be acceptable in your sight, O Lord, my rock and my redeemer.

Colossians 3:16

**Let the word of Christ dwell in you richly**, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Romans 12:2

Do not be conformed to this world, but be transformed by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Colossians 3:2

Set your minds on things that are above, not on things that are on earth.

Philippians 4:8

Finally, brothers, whatever is **true**, whatever is **honorable**, whatever is **just**, whatever is **pure**, whatever is **lovely**, whatever is **commendable**, if there is any **excellence**, if there is anything **worthy of praise**, think about these things.

2 Corinthians 10:5

We destroy arguments and every lofty opinion raised against the knowledge of God, and **take every thought captive** to obey Christ,

# Declarations:

- ✓ There Is A God and I am Not It
- ✓ I Trust God – He Has the Love, Wisdom and Power To Help Me
- ✓ I Submit Myself To God – The Devil Will Flee
- ✓ I Take My Thoughts Captive To Christ – I Will not be Deceived or Distracted
- ✓ I Turn Anxiety into Productive Prayer

Last Week

- I Earned Eternity In Hell, Jesus Is My Lord and Savior
- I Am Loved, God Loves Me, He Sent His Son
- I Am Born Again – I Have A New Heart and A New Spirit
- I Have A New Purpose – I Will Bring God Glory In All I Do

- ✓ I Crucify Sin – I Deny Myself, Pick Up My Cross and Follow Jesus
- ✓ I Am Putting Off the Old Man and Burying Him In The Grave With Jesus
- ✓ I Am Being Transformed by Grace – I Am Putting On the New Man – Christ

This Week

- I Am Led By The Spirit - I Hear God's Voice and Do What He Says



# Resources

## Barry Bennett

The Power of His Words - Free Indeed

<https://youtu.be/p7zSWy-govs>

How God's Word Opens the Eyes of Your Understanding

<https://youtu.be/Ld5hsFHFO4>

The Power of Words for Health and Healing

<https://youtu.be/AtUwxfuM6U>

## Dan Mohler

How to put on Christ and put off the flesh

<https://www.youtube.com/watch?v=YWr7n7Os3c8>

You have to give up the old to step into the new

<https://www.youtube.com/watch?v=qzr3xkAovTU>

## My Website – My God In Motion

The Power Of Positive Affirmation – includes link To Collection of Declarations

<https://mygodinmotion.org/about-him-god-jesus/how-to/declarations-positive-affirmations-of-faith/>

There Is One God And I Am Not Him

<https://mygodinmotion.org/about-him-god-jesus/lessons/lessons-there-is-one-god-and-i-am-not-him/>

Your Words Could Be Killing You – Be Sure To Speak Life

<https://mygodinmotion.org/about-him-god-jesus/how-to/speak-life/>

# Call to Action:

- Be Bold – Use Gods Word
  - Crucify Your Sinful Flesh – Nail It To The Cross With Jesus
  - Put Off the Old Man and His Baggage – Bury Him In The Grave With Jesus
  - Be Raised Into New Life With Jesus – Renewed In Thinking

# Discussion

## This Topic:

- Questions / Clarification
- Practical Experiences: Struggles, Success, Lessons Learned

## Other Topics:

- Questions / Comments ?
- Testimony To Share ?
- Group Prayers: Updates, New
- Journaling: Calling, Visions/Dreams, Gifts, Opportunities
- Feedback: What Is Working / Opportunities To Improve

Next Session: **Tues 11/18/25**

Closing:

# Closing Prayer

- Heavenly Father, Thank You for this opportunity, fellowship, and sharing.
- Thank you for the gift of Your Word, and Your Son who made it flesh.
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into Our flesh.
- May we recognize the opportunities within us and around us.
- May we seek Your face and embrace Your help to root out our selfish agendas.
- May we transform into Your image and perfect the flow of Your love to others.
- May we be inspired into the good works that You have prepared.
- May we walk in the light as Jesus was in the light,  
shine as a bright beacon in this dark world, and  
do all things in Jesus' name to bring glory to the Father who sent Him.

“...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 2 Chronicles 7:14

# “My God In Motion” Resources

Website: <https://mygodinmotion.org/>

-[Blog](#)

-[Bible Studies](#)

YouTube: <https://www.youtube.com/@MyGodInMotion>

[Playlists:](#)

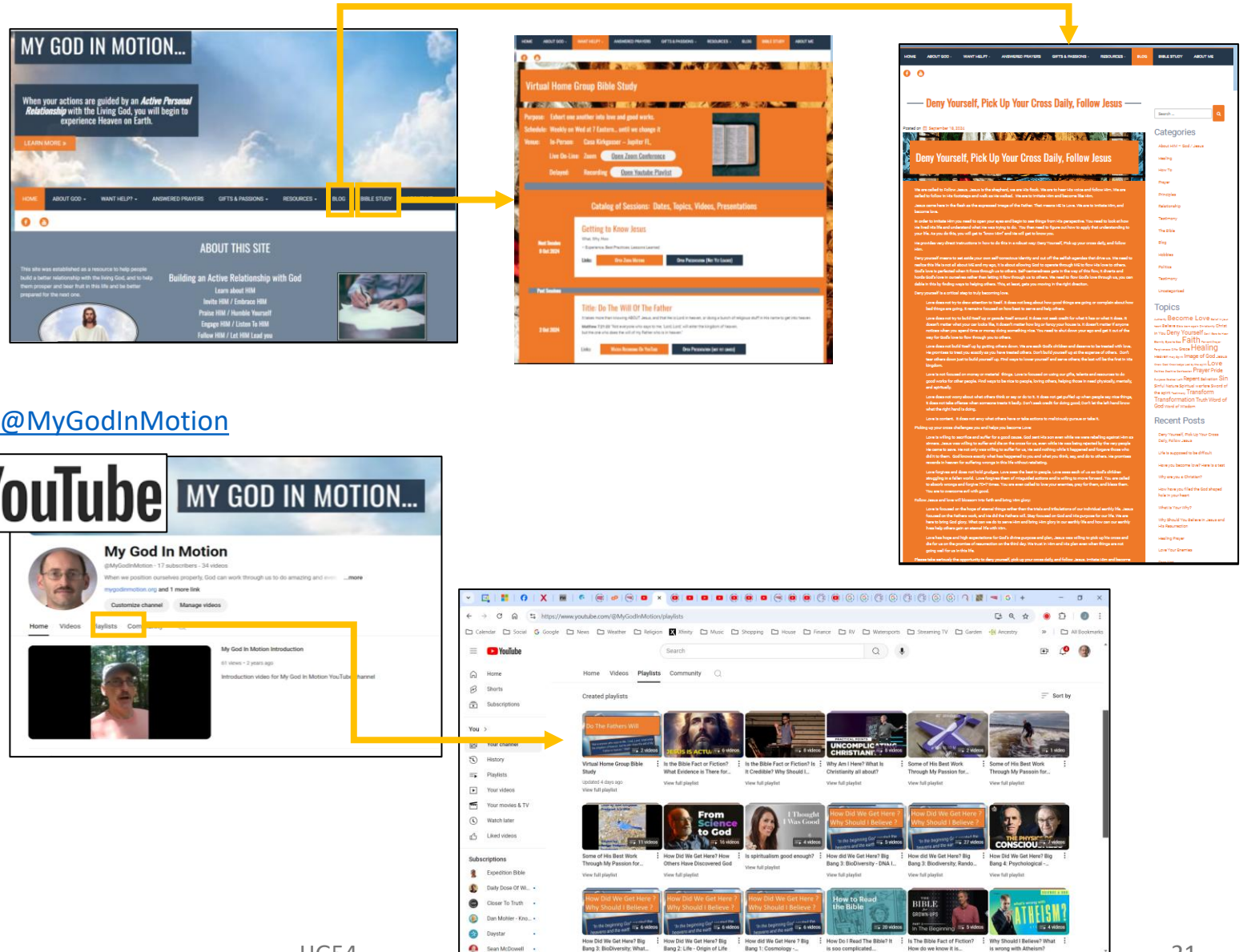
[Bible Studies](#)

[Testimonies](#)

[Lessons Learned](#)

Facebook:

<https://www.facebook.com/MGIMonFB>



# Group Prayer Activity - Page 1

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
	Jay	Phantom limb pain	Go Around	Lord, Your will is always healing, by your stripes we are already healed. You told us to go around the pain. Help us see the path you have set before us to go around this pain.	1 week	Dr offered new pain med, significant improvement.
	Tammy Neighbor	Fall from unprotected balcony		Lord, we speak healing in Jesus' name.		Upbeat, minor surgery, expecting full recovery.
	World	Geopolitical Upheaval		Lord, help the world repent and find you. Help the US find its path back to leading the world in goodness.		
	Ashley	Vascular calcium		Lord, Help us find your path forward for Ashley.		Cardiac Dr Not Excited, Ordered Echo cardiogram tests to eval.
6/20	Lana	UTI	Aster testimony	Lord, help Lana find you and your path to healing. If Aster's supplement is the answer help her embrace it. We speak healing in Jesus' name.	1 Day	Felt significantly better
July	Guy	Back	Pray and be patient	Back be healed	1 Wk	Back pain free after church service
					9/8	Back recovered, back in gym
	Bergie	Heart		Help her get proper treatment, heal her heart	9/16	She is in a better situation now

# Group Prayer Activity - Page 2

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
7/23	Tamra	Elbow Injury		Elbow be healed		Returned to urgent care, found fracture, wrapped differently, healed in 1 wk
7/23	Ashley	Broken Ankle		Path through surgery and recovery		Surgery successful, working PT
8/12	Tom	Kidney Issues		Lord, Help Tom find your path through these issues.		
	Donna	Heart		Lord, May new medical intervention enable success with heart and continuing this race	9/9	Stable, improved.
8/19	Michael	Cardiac Issues, Catheterization procedure failed, scheduling second attempt		Lord, Help Michael gain success through this procedure, help the Dr's be successful in addressing the issues.	8/23	Procedure was a success, Stints set up. Recovering.
9/9	USA	Urban Violent Crime, Woman Killed no train		Lord, May her death be a turning point bringing awareness and better systems of justice and mgmt of mental illness		
9/23	Tamra	Long drive ahead		Safe and Sound	10/1	Accomplished despite severe storms
10/8	Luis (Lori's Friend)	In Hospice		Peace On His Journey Home		

# Group Prayer Activity - Page 3

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
10/14	Jim	Life Struggles		Holy Spirit Help Jim: Housing, Employment, Mental, Financial, Trust You	10/21 11/11	Moved to hotel for week, improving Progress on prayer/journaling, Pursing apartment
10/28	Donna's Elder Friend - Levette	Struggles in Hospice		Have peace with process, Have strength in faith to continue the race	11/4 11/11	Good attitude. Strength and Progress on journey Released from Hospital / Hospice care to all's surprise
11/04	Donna's Sister Inlaw – Mel	Digestive issues		Healing	11/11	Solid Progress