

# MY GOD IN MOTION...

## God's Children Need Help - Teach Them To Walk In The Spirit – Pt4

*“...walk by the Spirit, and you will not gratify the desires of the flesh.” Galatians 5:16*

Virtual Home Group Bible Study

03-17-2026

# Agenda

- Purpose & Opening
- Topic: What, Why, How,
- Resources
- Discussion
- Group Prayers
- Feedback, Next Session & Closing

# Purpose & Opening

## Purpose: Exhort One Another Into Love and Good Works

“And let us **consider one another** in order to **stir up love and good works**,  
Not forsaking the assembling of ourselves together, as is the manner of some,  
but **exhorting one another**, and so much the more as you see the day approaching.”

Hebrews 10:24-25

## Opening Prayer:

Lord, Thank you for this opportunity.

Give me Words to deliver Your message.

Give us Eyes to See all things from Your perspective

and Ears to Hear and understand Your Word

Help us get to know You through Your Word

and Help us be transformed into the people You intended us to be

Help us turn Your Words into loving action through our flesh

and bring You glory in all we do. In Jesus' Name, Amen.

# Topic

What:

God's Children Need Help – Teach Them To Walk In The Spirit – Part 4

Why:

- My children are not reaching their full potential
- They are constraining themselves to natural results, when I promise them supernatural results
- Teach them to walk in the spirit so they learn to move beyond the flesh and flow with my power.
- Together, We will move the kingdom forward and overcome the enemy which stands against us.
- You need to take your thoughts captive to make this work.
- You need to start with an attitude of gratitude, embrace my finished work on the cross, stand in the righteousness I paid for, and then start walking out your new purpose with the help of the Holy Spirit.

(From Interactive Journaling With Jesus - 02/17/26, 03/11/25)

Approach: What, Why, How

# Our Battles Are Spiritual, We Have Weapons

## 2 Corinthians 10:3-6

“For though we walk in the flesh, we are not waging war according to the flesh. For the **weapons** of our warfare are not of the flesh but have divine power to destroy **strongholds**; casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the **obedience** of Christ”

## From Strongs' Concordance:

Weapon = hoplon (HOP-lon) : Tool, Implement, Armor

Stronghold = ochuróma (okh-oo'-ro-mah)

- Literal: Fortress, Castle, Walled Safe Place,
- Figurative: Arguments and reasoning you rely on to fortify an opinion
- False arguments used by ego to seek shelter from spiritual reality

What starts as a castle to protect your ego, becomes a prison of bondage to your fleshly desires

Obedience = hupakoé (hoop-ak-o-AY)

- From akouō, "to hear" and hypó, "beneath"
- To hear and put beneath, to bring into submission, to make obedient

## Illustrative Interpretation:

We are in a spiritual battle, the battle is in the mind, the devil feeds us arguments and reasoning to make us think we are safe as we are and don't need God or what Jesus did. But we have access to tools with divine power to tear down those arguments, put them beneath us, and overcome the deception and its consequences.

# Holy Spirit Functions

Domain	Function	Verse
Salvation	Draw	John 6:44 — “No one can come to Me unless the Father who sent Me draws him.”
	Convict Sinners	John 16:8 — “He will convict the world of sin, and of righteousness, and of judgment.”
	Regenerate (New Birth)	John 3:6 — “That which is born of the Spirit is spirit.”
	Indwell, Seal & Assure	Rom 8:16 — “The Spirit Himself bears witness...we are children of God.” Eph 1:13 — “You were sealed with the Holy Spirit of promise.”
Guidance	Teach / Illuminate	John 16:13 — “He will guide you into all truth.”
	Give Wisdom / Discernment	1 Cor 2:12 — “That we might know the things freely given to us by God.”
	Lead	Rom 8:14 — “For as many as are led by the Spirit of God, these are sons of God.”
	Convict Believer	Eph 4:30 — “Do not grieve the Holy Spirit of God, by whom you were sealed.”
Transformation	Renew the Mind	Rom 12:2 — “Be transformed by the renewing of your mind.”
	Rework Desires	Phil 2:13 — “It is God who works in you both to will and to do for His good pleasure.”
	Form Christ Within	Gal 4:19 — “Until Christ is formed in you.”
	Produce Fruit (Character)	Gal 5:22 — “The fruit of the Spirit is love, joy, peace...”
Empowerment	Empower for Witness	Acts 1:8 — “You shall receive power when the Holy Spirit has come upon you.”
	Distribute Gifts	1 Cor 12:11 — “Distributing to each one individually as He wills.”
	Empower Works of Christ	John 14:12 — “The works that I do he will do also...”
	Intercede	Rom 8:26 — “The Spirit Himself makes intercession for us.”

# Your Thoughts Matter

## Proverbs 23:7

“For as he **thinks** in his heart, so is he.”

## Romans 12:2

“Do not be conformed to this world, but be transformed by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

## Philippians 4:8

“Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, **think** about these things.”

## 2 Corinthians 10:5

“We destroy arguments and every lofty opinion raised against the knowledge of God, and **take every thought captive** to obey Christ,”

# Your Thoughts Are Not Your Own

The Old Cartoon is Very Real

- Your thoughts are not your own, They are “inspired”
- The Loud, Urgent, Pushy voice will Tempt and then Condemn
- The Quiet, Calm, Supportive voice will Coach and Encourage
- You must choose which voice to listen to, to dwell on, to follow

Isaiah 30:21

“And **your ears shall hear a word** behind you, saying, “This is the way, walk in it,” when you turn to the right or when you turn to the left.”

2 Corinthians 11:3

“But I am afraid that as the serpent deceived Eve by his cunning, **your thoughts will be led astray** from a sincere and pure devotion to Christ.”



# The Devil Actively Works To Deceive Us

John 8:44

“When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it.”

Target	Lie	Truth
Authority	“You don’t need to submit to God.”	Rom 10:9 — “Confess with your mouth the Lord Jesus... you will be saved.”
Identity (Worth)	“You are not worthy / condemned.”	Rom 8:1 — “There is therefore now no condemnation to those who are in Christ Jesus.”
Identity (Past)	“Your past defines you.”	2 Cor 5:17 — “If anyone is in Christ, he is a new creation; old things have passed away...”
God’s Character	“God is against you / punishing.”	Rom 8:31–32 — “If God is for us, who can be against us? ...”
Truth (Word)	“God’s Word cannot be trusted.”	John 17:17 — “Sanctify them by Your truth. Your word is truth.”
Purpose	“Life is all about you.”	2 Cor 5:15 — “That those who live should live no longer for themselves, but for Him...”
Trust (Provision)	“God will not provide.”	Matt 6:31–33 — “Your heavenly Father knows that you need all these things... seek first the kingdom and these will be added...”
Trust (Control)	“You must control everything.”	Prov 3:5–6 — “Trust in the Lord with all your heart... He shall direct your paths.”
Trust (Protection)	“Protect yourself at all costs.”	Matt 16:25 — “Whoever loses his life for My sake will find it.”
Hope	“Your situation is hopeless.”	Luke 1:37 — “For with God nothing will be impossible.”
Presence	“You are alone.”	Heb 13:5 — “I will never leave you nor forsake you.”
Thoughts	“Entertain fear, lies, and offense.”	2 Cor 10:5 — “Bringing every thought into captivity to the obedience of Christ.”
Pleasure / Desire	“You deserve this pleasure.”	1 Cor 6:19–20 — “Your body is the temple of the Holy Spirit... you are not your own.”
Relationships	“Your enemies are the problem.”	Eph 6:12 — “We do not wrestle against flesh and blood...”
Compromise	“This sin is harmless.”	James 1:14–15 — “Desire... gives birth to sin; and sin... brings forth death.”

# Choose to Set Your Mind On Things Above

Proverbs 23:7

“For as he thinks in his heart, so is he.”

Romans 8:5-6

“For those who live according to the flesh set their **minds** on the things of the flesh, but those who live according to the Spirit, the things of the Spirit

For to be **carnally minded is death**, but to be **spiritually minded is life and peace.**”

Col 3:1–2

“If then you were raised with Christ, seek those things which are above...

**Set your mind on things above**, not on things on the earth.”

Philippians 4:8

“Finally, brethren, whatever things are **true, ...noble, ... just, ... pure, ...lovely, ... of good report**, if there is **any virtue** and if there is anything **praiseworthy**—meditate on these things.”

Psalms 100:4

Enter into His gates with thanksgiving, And into His courts with praise.

Be thankful to Him, and bless His name.”

Psalms 95:2

“Let us come to him with thanksgiving. Let us sing psalms of praise to him”.

# Gratitude = Humility = Lower Self, Elevate God

1 Thessalonians 5:18

“**Give thanks in all circumstances**; for this is the will of God in Christ Jesus for you.”

Psalms 118:24

“This is the day that the Lord has made; let us **rejoice and be glad** in it.”

Psalms 136:1

“**Give thanks to the Lord**, for he is good, for his steadfast love endures forever.”

Colossians 3:17

“And whatever you do, in word or deed, do everything in the name of the Lord Jesus, **giving thanks** to God the Father through him.”

Colossians 3:15

“And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And **be thankful**.”

Hebrews 12:28

“Therefore let us **be grateful** for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe,”

# An Attitude Of Gratitude Defeats Anxiety

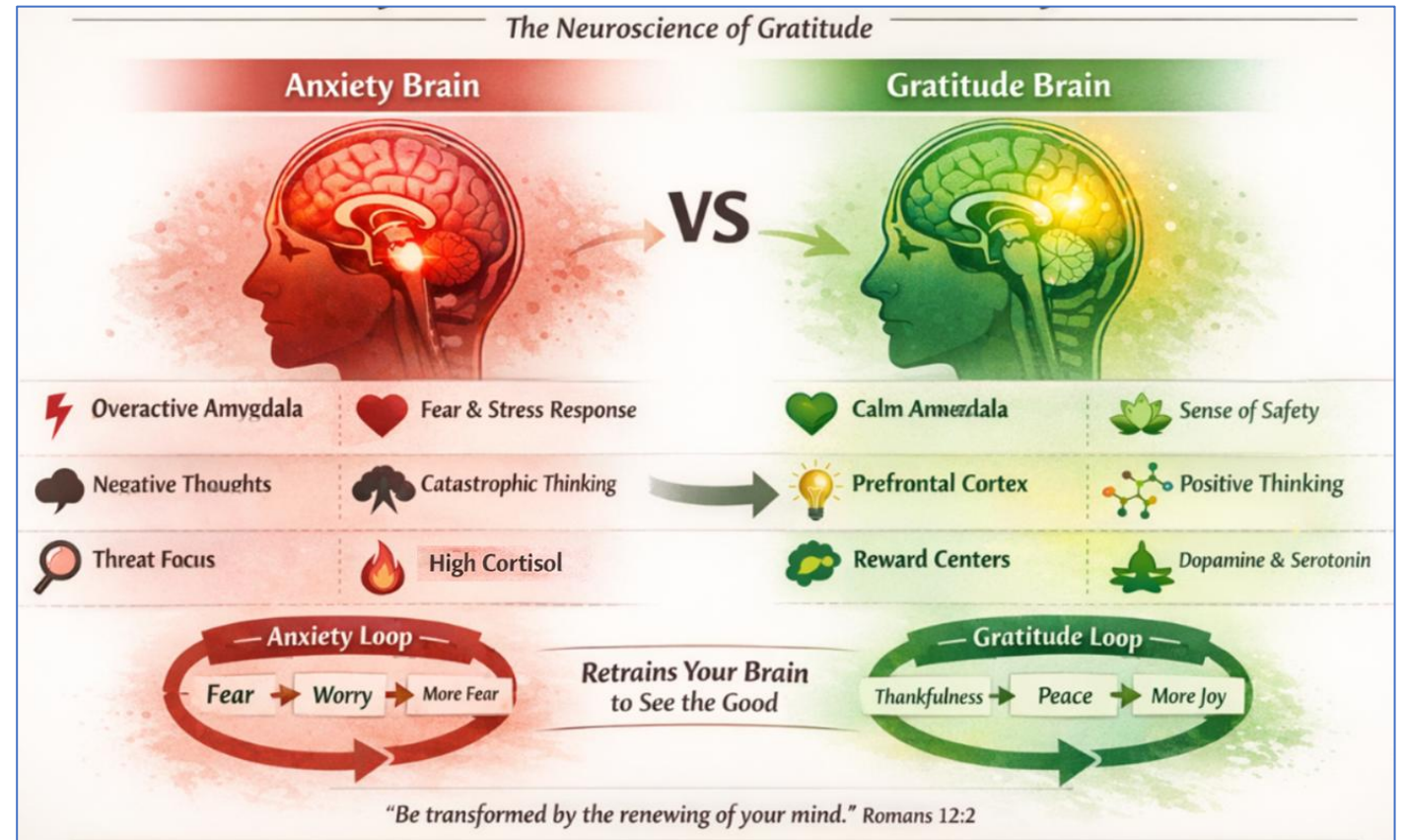
## Philippians 4:6-7

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”

**Anxiety:** brain trained to scan for threats.

**Gratitude:** brain retrained to recognize provision.

What you repeatedly focus on becomes neurologically dominant



# An Attitude Of Gratitude Defeats Anxiety

## 1. Top-Down Inhibition:

- Gratitude activates the prefrontal cortex (PFC).
- PFC directly inhibits Amygdala, reduces fear response.

## 2. Attention is Limited Resource

- Choosing Gratitude Limits Anxiety Focus
- What You stop feeding begins to weaken

## 3. Hebbian Learning: Synaptic Plasticity

- “Neurons That Fire Together Wire Together”

### If you feed anxiety:

- Fear pathways strengthen
- Threat detection becomes automatic
- Anxiety becomes default

### If you feed gratitude:

- Appreciation pathways strengthen
- Positive scanning becomes automatic
- Calm becomes more accessible

Over time: **The dominant loop becomes your baseline state**



<https://bpspsychub.onlinelibrary.wiley.com/doi/10.1111/bjhp.12745>

# Best Practice: Gratitude Journal

- Daily, or at least 3x per week
  - What are you thankful for, Why is it important
    - What brought joy,
    - What made me smile
    - What/Who made my life easier today
    - What am I looking forward to tomorrow
    - What challenge did I overcome recently
    - What lessons have I learned from past struggles
    - What closed doors created opportunities
    - What conveniences are you taking for granted
  - Be specific
  - Don't rush it, savor the positive
  - Include focus on people not just things
  - Use subtraction to notice significance... what would life be like without
  - Keep it visible / Handy to enable consistency
- For Increase Sensitivity
  - Set vibrating alarm every 2 hrs during day for a week
  - When alarm goes off, Take note of surroundings at that instant
  - Express gratitude for something different than prior.



# Embrace Jesus' Finished Work

He Fulfilled the Letter of The Law – Living A Perfect Sinless Life Despite Being Tempted

His Body Was Broken To Pay The Price For Our Sins, By His Stripes We Are Healed

He “Became” Sin, Cursed, Hanging On The Cross When we lift Him up, we shall not perish

He Took Sin To The Grave and Was Buried

He Was Resurrected and Defeated Death

He ascended to the right hand of the Father, with all power over all flesh.

His Innocent Blood is on the Mercy Seat forgiving sins of all who follow in fellowship

He Intercedes for us as High Priest

- He presents us innocent and holy
- Clothed in Righteousness
- His Innocent Blood speaks better things



# Declare Jesus' Finished Works

Lord Jesus, Thank you for Your finished work on the cross.

You fulfilled the law of sin and death by doing what we could not, you lived a sinless life.

You bore the sins of mankind on your back; by Your stripes we are healed.

You took sin to the grave. Your resurrection defeated death and its power over us.

You are now seated at the right hand of the Father, with all power and the name above all names.

Your innocent blood is on the mercy seat speaking better things for those who follow you.

You gave your life to redeem me; I submit my life to You in response.

You humbled yourself to serve us, I hereby deny my self, pick up my cross and follow you.

This life is no longer about me it is about You. I lose this life for You, and I will find it in You.

I hereby declare my new identity In You: I am a born-again child of God, a new creation.

I stand in the righteousness You paid for, covered by Your blood, innocent and holy in the Fathers eyes.

I will be led by the spirit not the flesh, I hereby crucify my flesh and its lusts; I leave them dead at Your cross.

I put off the old man and his practices and bury him in the grave with You.

I am raised into new life with You, I put on the new man, Christ in me.

With the help of Holy Spirit in me, I will bring You glory in all I do. I speak this in Jesus Name.

# Take Thoughts Captive - Focus On Things Above

## Thought Patterns:

### Flesh mindset

- Self
- Earth
- Immediate
- Control
- Recognition
- Defense

### Spirit mindset

- Christ
- Eternal
- Kingdom
- Trust
- Service
- Love

## Practical Formula:

### When flesh impulse appears

- Name it.
- Identify what your mind is dwelling on.
- Replace with specific truth.
- Declare it verbally.
- Chose to focus on something above.
- Act in alignment.

- Flesh is fed and sustained by fixation.
- Spirit is strengthened by meditation on truth.
- Chose to Walk in the Spirit and cut off the energy to your flesh.

# Set Your Mind On Things Above

Fleshly Work (Gal 5:19–21)	Fixation (Carnal/Earthly Things)	Better Alternative (Things Above)	Verse
<b>Idolatry</b>	Security in created things	God as your portion and provider	Matt 6:24 - “No one can serve two masters...”
<b>Jealousy / Envy</b>	What others have	Gratitude for what God has given you	Phil 4:8 — “Whatever things are...praiseworthy”
<b>Selfish Ambition</b>	Recognition & status	Serve Christ unseen, Bring Him Glory	Col 3:23 — “Do it heartily, as to the Lord...”
<b>Contentions</b>	Winning arguments	Unity and humility	Phil 2:3 — “Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.
<b>Dissensions / Division</b>	Taking sides	Peace-making	Matt 5:9 — “Blessed are the peacemakers...”
<b>Hatred / Bitterness / Murder</b>	Replaying the wrong	Love your enemies	Matt 5:44 — “Love your enemies...”
<b>Outbursts of Wrath</b>	Personal offense	Christ’s sacrifice, suffering for you	Col 3:13 - “Forgiving one another...as he forgave...”
<b>Drunkenness</b>	Escape/ Pain Avoidance	Trust God, Submit concerns to Him.	Phil 4:6-7 - “Be anxious for nothing...let your requests be made known to God; and the peace of God, ...will guard your hearts and minds...”
<b>Uncleanness / Lust / Adultery</b>	Body-focused fantasy	Your body is holy temple, Glorify God	1 Cor 6:18–20 - “.. your body is the temple of the Holy Spirit... glorify God in your body and in your spirit, which are God’s

# My Examples

Desire	Work Of Flesh	Object	Was	Became
<b>Lust of The Eyes:</b>	Idolatry, Envy, Selfish Ambition	<b>Things:</b> Tools, Books, Magazines, Rocks, Music, Model Trains, RC planes	Started with little. Cherished what I had. Wanted capability/usefulness/complete set Became part of Identity.	Resources To Serve, Need new home if not using “...Treasures in heaven, not on earth”
		<b>Money</b>	Had little, Manipulate/Hord to serve needs	God’s resource to steward and bless
<b>Pride Of Life</b>	Selfish Ambition	<b>Job</b>	Place to belong, find value, be recognized.	Income, Place to connect and help/serve
		<b>Degrees</b>	Needed For Job, then became Status	Need knowledge / Learn by Doing
		<b>Car</b>	Low self esteem. Car became Identity. Seek Attention: Showy, Loud, Squealed	Car choice is best value for function. My Value is received from above.
		<b>Helping Others</b>	Worked for a thank you, build myself up. Show My Value / Build Equity / Feel Valued	Serve Anonymous, Value Received Not Earned “Don’t let left hand know what right is doing..”
<b>Lust of the Flesh:</b>	Idolatry, Selfish Ambition	<b>Hobbies:</b>	Stress release, Entertainment, Became Escape	Avenues to Connect / Fellowship, Being Replaced By Deeper Connections
	Unclean / Lust	<b>Looking with lust</b>	Pondering Fleshly Pleasures Isolation / Loneliness Boredom / Lack Higher Purpose Not Hurting Anyone / No One Knows/Cares	Transparent In Heaven / All Hidden Is Revealed Lust In Heart Is Adultery Appreciate beauty of creation. Pray she finds true love, not just lusting guy. Respect God’s intention - innocence/covenant. I have more important things to do / focus on.

# Walk Out Your New Purpose

## New Purpose

- Glorify God in all you do
- Do all things as if for God
- Your thoughts, words, actions matter – you are a Partner in creation
- Chose to be an ambassador for the kingdom

## Walk It Out

- Take Jesus with you
- Ask, Listen, Hear, Follow
- Listen For Conviction - Could Have Done Better, Missed Opportunities

Thank Him: For pointing out the opportunity

Ask: What Selfish Agenda Is Driving

Ask: What Ungodly Belief is Enabling It

Confess The Behavior/Belief/Motive

Repent: Declare it No Longer desirable/Acceptable

Crucify it, Bury it, Wash it, Be Raised New

Intend to manifest Christ going forward -

# Call to Action:

- Be Bold – Follow Jesus – Walk In The Spirit
  - Choose An Attitude Of Gratitude
  - Stand In The Righteousness God Paid For – Finished Work
  - Take Thoughts Captive
  - Walk Out Your New Identity and Purpose
- Have Fellowship With Jesus Daily – Talk To Him, Listen To Him
- Work On Target Areas:
  - Pray For Wisdom and Immerse In The Word
  - Journal for Understanding
  - Put Off/ Put On / Be Transformed By Grace
  - Declare Promises
- Let Your Light Shine: Demonstrate Your Faith – Words and Action

# Resources – MyGodInMotion.org

Live In Gratitude:

<https://mygodinmotion.org/about-him-god-jesus/how-to/live-in-gratitude/>

Your New Identity In Christ

Write Up: <https://mygodinmotion.org/about-him-god-jesus/how-to/your-new-identity-in-christ/>

Declaration: [https://mygodinmotion.org/act\\_in\\_faith/declarations/i-have-a-new-identity-in-christ/](https://mygodinmotion.org/act_in_faith/declarations/i-have-a-new-identity-in-christ/)

Your New Purpose In Christ

Write Up: <https://mygodinmotion.org/about-him-god-jesus/how-to/your-purpose-in-christ/>

Declaration: [https://mygodinmotion.org/act\\_in\\_faith/declarations/i-have-a-new-purpose-in-christ/](https://mygodinmotion.org/act_in_faith/declarations/i-have-a-new-purpose-in-christ/)

Stand On God's Word In Faith

<https://mygodinmotion.org/about-him-god-jesus/how-to/stand-on-gods-word/>

Walk In The Spirit – Do Not Fulfill the Lusts of The Flesh

<https://mygodinmotion.org/about-him-god-jesus/how-to/walk-in-the-spirit/>

Be Led By The Spirit:

<https://mygodinmotion.org/about-him-god-jesus/how-to/be-led-by-the-spirit/>

Be Led - Hear God's Voice Via Interactive Journaling:

<https://mygodinmotion.org/about-him-god-jesus/relationship/you-can-hear-gods-voice/>

Testimonies – God's Hand In My Life

[https://mygodinmotion.org/testimonials/my\\_testimony/](https://mygodinmotion.org/testimonials/my_testimony/)

# Discussion Resources – Transparency in Heaven

## Scripture Revelation

- What Is Hidden Will Be Revealed

Luke 8:17

“For nothing is secret that will not be revealed, nor anything hidden that will not be known and come to light.”

- You Are Accountable for All You Say and Do

Romans 14:12

“So then each of us will give an account of himself to God.”

2 Corinthians 5:10

“For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil.”

Matthew 12:36

“I tell you, on the day of judgment people will give account for every careless word they speak”

## Swedenborg – The How Behind Scripture

- You Are Fully Transparent In Heaven,

- Your thought life is evident
- Your inner nature is visible
- Fix it now before you get there!

- Life Review Will Expose Your Inner Nature

- Your life will play back in virtual reality
- Jesus and angels witness in loving support
- You will feel the pain you caused others.
- You will judge yourself in front of Jesus
- If you are truly repentant, evil falls off you
- If you love evil, you will choose to keep it
- The more you can reflect/repent/regenerate here and now, the smoother the process.

## Videos: How We Appear In The Afterlife...

<https://www.youtube.com/watch?v=SfUF2lh2328>

Truth is Always Revealed

<https://www.youtube.com/watch?v=0MaHSKRxAWA>

# Discussion

## This Topic:

- Questions / Clarification
- Practical Experiences: Struggles, Success, Lessons Learned

## Other Topics:

- Questions / Comments?
- Testimony To Share?
- Group Prayers: Updates, New
- Journaling: Calling, Visions/Dreams, Gifts, Opportunities
- Feedback: What Is Working / Opportunities To Improve / Topics

Next Session: **Tues 03/24/26**

Closing Prayer

# Closing Prayer

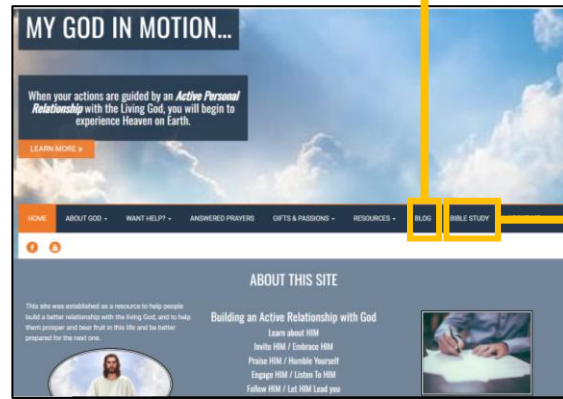
- Heavenly Father, Thank You for this opportunity, fellowship, and sharing.
- Thank you for the gift of Your Word, and Your Son who made it flesh.
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into Our flesh.
- May we recognize the opportunities within us and around us.
- May we seek Your face and embrace Your help to root out our selfish agendas.
- May we transform into Your image and perfect the flow of Your love to others.
- May we be inspired into the good works that You have prepared.
- May we walk in the light as Jesus was in the light,  
Shine as a bright beacon in this dark world, and  
Do all things in Jesus' name to bring glory to the Father who sent Him.

“...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 2 Chronicles 7:14

# “My God In Motion” Resources

Website: <https://mygodinmotion.org/>

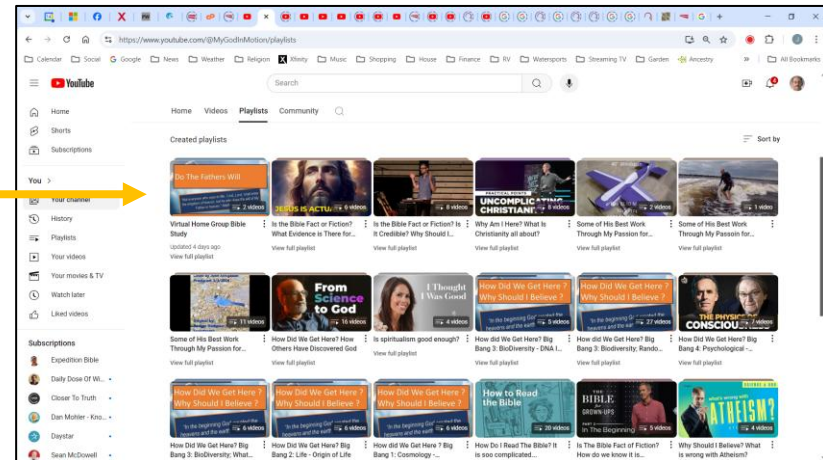
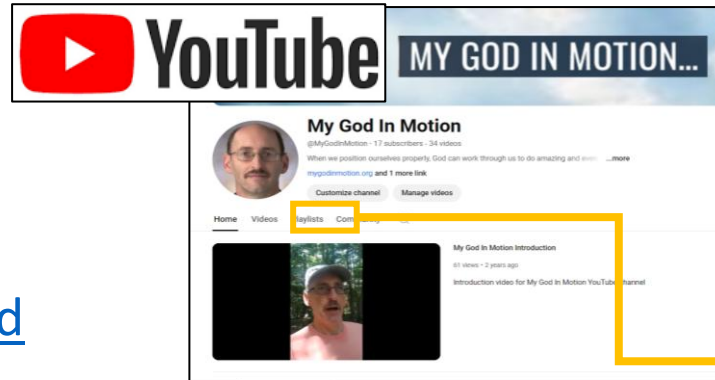
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YouTube: <https://www.youtube.com/@MyGodInMotion>

[Playlists:](#)

- [Bible Studies](#)
- [Testimonies](#)
- [Lessons Learned](#)



Facebook:

<https://www.facebook.com/MGIMonFB>

# Group Prayer Activity - Page 1

Date	Person	Situation	“Word” Received	Prayer	Date	Answer
	Jay	Phantom limb pain	Go Around	Lord, Your will is always healing, by your stripes we are already healed. You told us to go around the pain. Help us see the path you have set before us to go around this pain.	1 week	Dr offered new pain med, significant improvement.
	Tammy Neighbor	Fall from unprotected balcony		Lord, we speak healing in Jesus’ name.		Upbeat, minor surgery, expecting full recovery.
	World	Geopolitical Upheaval		Lord, help the world repent and find you. Help the US find its path back to leading the world in goodness.		
	Ashley	Vascular calcium		Lord, Help us find your path forward for Ashley.		Cardiac Dr Not Excited, Ordered Echo cardiogram tests to eval.
6/20	Lana	UTI	Aster testimony	Lord, help Lana find you and your path to healing. If Aster’s supplement is the answer help her embrace it. We speak healing in Jesus’ name.	1 Day	Felt significantly better
July	Guy	Back	Pray and be patient	Back be healed	1 Wk	Back pain free after church service
					9/8	Back recovered, back in gym
	Bergie	Heart		Help her get proper treatment, heal her heart	9/16	She is in a better situation now

# Group Prayer Activity - Page 2

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
7/23	Tamra	Elbow Injury		Elbow be healed		Returned to urgent care, found fracture, wrapped differently, healed in 1 wk
7/23	Ashley	Broken Ankle		Path through surgery and recovery		Surgery successful, working PT
8/12	Tom	Kidney Issues		Lord, Help Tom find your path through these issues.		
	Donna	Heart		Lord, May new medical intervention enable success with heart and continuing this race	9/9	Stable, improved.
8/19	Michael	Cardiac Issues, Catheterization procedure failed, scheduling second attempt		Lord, Help Michael gain success through this procedure, help the Dr's be successful in addressing the issues.	8/23	Procedure was a success, Stints set up. Recovering.
9/9	USA	Urban Violent Crime, Woman Killed no train		Lord, May her death be a turning point bringing awareness and better systems of justice and mgmt of mental illness		
9/23	Tamra	Long drive ahead		Safe and Sound	10/1	Accomplished despite severe storms
10/8	Luis (Lori's Friend)	In Hospice		Peace On His Journey Home		

# Group Prayer Activity - Page 3

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
10/14	Jim	Life Struggles		Holy Spirit Help Jim: Housing, Employment, Mental, Financial, Trust You	10/21 11/11 11/18 12/2	Moved to hotel for week, improving Progress on prayer/journaling, Pursing apartment Progress – good steps forward, some back Progress, grateful
10/28	Donna's Elder Friend - Levette	Struggles in Hospice		Have peace with process, Have strength in faith to continue the race	11/4 11/11	Good attitude. Strength and Progress on journey Released from Hospital / Hospice care to all's surprise
11/04	Donna's Sister Inlaw – Mel	Digestive issues		Healing	11/11	Solid Progress
11/18	Donna's Sister Chris	Heart Attack, Now Home		Recovery, Reduced Stress, Glorify God		
11/18	Jay's Friend Jim	Double Bypass impending		Surgeon skill, Success, Recovery, Glorify God	12/2	Surgery done, home, all well
11/18	Tamra Son Alex	Recent Knee dysfunction, headed to ortho Dr tomorrow		Diagnostic find cause, Corrective action and healing;	1/26 2/23	Amazing to get specialists scheduled. Med improving pain. New med dramatic improvement
11/25	Donna	Heart surgery		Successful surgery	12/16	Went well , success, no complications
12/9	Emerson	Inflammation / Pain		Rebuke work of devil, gain healing		Pain gone. Returning to work 1/5

# Group Prayer Activity - Page 4

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
1/13/26	Donna Son in Law Brett	Intestine resection, healing		Healing and Devine health		
1/20/26	Stacy	Hearing		Your will is healing, we speak healing, whatever mode... miraculous or medical		
2/03/26	Donna's Son Phillip	Bike Accident		Healing, manifest the kingdom, restore bones, flesh, resolve pain.	2/24	Recovered, Baptized
2/03/26	Tom Slocum	Stomach		Healing, restoration of stomach/digestive		
2/03/26	Micheals Mom, and Sister Rene	At risk in Iran, 105 <sup>th</sup> birthday next month.		Protection and provision during protest, may she complete this journey in peace, and may Iran be restored to glory	2/14	Mom passed in peace
2/17/26	Micheals Brother Nasser	Cancer, In Hospice		Complete this journey. God's will for healing be done...this life or next.	2/23	Passed away
3/10/26	Tim	Hip pain		We have group in one accord on authority and speak hip Pain be gone.		
3/10/26	Jay	Phantom limb pain		We have group in one accord on authority and speak pain be gone.		Pain reduced immediately from prayer. TBD on sustainment