

MY GOD IN MOTION...

Go In Peace — Escape The Prison of Self

“And you will know the truth, and the truth will set you free.” - John 8:32

Virtual Home Group Bible Study

07-14-2026

Agenda

- Purpose & Opening
- Topic: What, Why, How,
- Resources
- Discussion
- Group Prayers
- Next Session & Closing

Purpose & Opening

Purpose: Exhort One Another Into Love and Good Works

“And let us **consider one another** in order to **stir up love and good works**,
Not forsaking the assembling of ourselves together, as is the manner of some,
but **exhorting one another**, and so much the more as you see the day approaching.”

Hebrews 10:24-25

Opening Prayer:

Lord, Thank You for this opportunity.

Give me Words to deliver Your message.

Give us Eyes to See all things from Your perspective

and Ears to Hear and understand Your Word.

Help us get to know You through Your Word

and Help us be transformed into the people You intended us to be when you sent us.

Help us turn Your Words into loving action through our flesh

and bring You glory in all we do. In Jesus' Name, Amen.

Topic

What: Go In Peace – Escape From The Prison of Self

Why:

- The fallen world is all about self.
- Self builds walls and traps you in a prison.
- You become so focused on “you”, My love gets trapped, distorted and diverted.
- Deny yourself and be set free.
- You will no longer worry about what others think
- You will not judge your life based on how things are going at the moment.
- You become One with Me, I am in you and with you and we move forward, together, with a purpose, in peace, and with hope.

(From Interactive Journaling With Jesus – 7/10-11/26)

Approach: What, Why, How

Two Ways To Build A Life

Fallen World

Wounds / Fear / Pain



Self-Protection



Self-Lordship



Ungodly Loves / Desires



Lies / False Beliefs



Defensive Identity



Flesh-Driven Reactive Behavior



Broken Fruit

God's Design

God's Lordship



Identity In Christ



Receive God's Love



Motives, Purpose & Calling



Beliefs, Truth & Trust



Spirit-Led Thinking



Loving Choices, Behaviors, Responses



Kingdom Fruit

Self Creates A Prison

What Self Wants Most	Common Symptoms	How It Becomes a Prison
Security	Fear, Worry, Anxiety, Control, Materialism	My peace depends on circumstances instead of God.
Significance	Pride, Comparison, Selfish ambition, Perfectionism	My worth depends on performance.
Acceptance	People-pleasing, Fear of rejection, Insecurity	Other people's opinions determine my identity.
Comfort	Self-pity, Avoidance, Compromise, Distraction, Addiction, Love of ease	I avoid growth, sacrifice, and God's purpose.
Justice	Offense, bitterness, unforgiveness, retaliation	The past and other people's actions continue controlling my life.

The prison forms when trusting self to provide what only God can provide.

The Truth Sets You Free

Self Is Seeking...	The World's Approach	God's Truth	Key Verse
Security	Control circumstances, Accumulate possessions, Eliminate risk	God is my protector and provider. I can trust Him with my future.	"Trust in the LORD with all your heart... He shall direct your paths." — Proverbs 3:5–6
Significance	Prove yourself through success, recognition, or comparison	My identity and worth are found in Christ, not my performance.	"If anyone is in Christ, he is a new creation..." — 2 Corinthians 5:17
Acceptance	Earn approval, Please people, Compromise to Fit in	I am fully loved and accepted by God through Jesus Christ.	"See what manner of love the Father has bestowed on us, that we should be called children of God!" — 1 John 3:1
Comfort	Avoid sacrifice, Pursue ease and pleasure	God created me for a purpose greater than my comfort.	"If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me." — Luke 9:23
Justice	Defend my rights, Seek revenge	God is just, sovereign, and worthy of my trust. I can forgive because He will judge rightly.	"Beloved, do not avenge yourselves... 'Vengeance is Mine, I will repay,' says the Lord." — Romans 12:19

Follow Jesus And Be Free Indeed

Jesus Invites Us To...	What God Restores	Key Verse (NKJV)
Declare Jesus as Lord	A new King	"If you confess with your mouth the Lord Jesus...you will be saved." (Romans 10:9)
Embrace Your Identity in Christ	A new identity	"If anyone is in Christ, he is a new creation; old things have passed away..." (2 Corinthians 5:17)
Receive and Rest in the Father's Love	A new source of security, significance, and acceptance	"Behold what manner of love the Father has bestowed on us, that we should be called children of God!" (1 John 3:1)
Embrace Your Purpose & Calling	A new mission	"We are His workmanship, created in Christ Jesus for good works..." (Ephesians 2:10)
Renew Your Mind	A new way of seeing reality	"Be transformed by the renewing of your mind..." (Romans 12:2)
Be Led by the Spirit	A new way of living	"Walk in the Spirit, and you shall not fulfill the lust of the flesh." (Galatians 5:16)
Love and Serve Sacrificially	A new way of loving others	"Through love serve one another." (Galatians 5:13)
Bear Kingdom Fruit	A life that glorifies God and draws others to the Kingdom	"By this My Father is glorified, that you bear much fruit..." (John 15:8)

Declaration: I Choose Freedom In Christ

Heavenly Father,

Thank You for setting me free through Jesus Christ.

Today I declare that Jesus is Lord of my life.

I choose Christ over self.

Your truth over lies.

Faith over fear.

Purpose over comfort.

Forgiveness over offense.

Your Kingdom over my own.

I embrace my identity as Your child, receive and rest in Your love, and choose to be led by Your Holy Spirit.

I put off the old self, I put on Christ, and by grace Your love will flow through me to others.

Today, I choose freedom in Christ. May my life bear fruit that brings glory to Your name.

In Jesus' name, Amen.

Call to Action:

Be Bold:

- This week, intentionally identify one prison bar that has been limiting your freedom.
 - Choose one area where you will stop trusting yourself and begin trusting Christ instead.
 - Pause before reacting, Ask Jesus what He is revealing in the situation.
 - Replace one lie with His truth.
 - Take one step of faith.
 - Look for one opportunity to love and serve someone sacrificially.
 - Freedom grows one surrendered decision at a time.

Journaling Opportunities:

- Lord, where has self become the center of my life?
- What am I trying to protect or gain apart from You?
- What truth do I need to embrace to walk in greater freedom?
- What prison bar do You want to remove first?
- What step of faith do you suggest I take this week?
- How do You want Your love to flow through me to someone else today?

Resources – MyGodInMotion.org

Escape The Prison Of Self

<https://mygodinmotion.org/about-him-god-jesus/how-to/self-centeredness-is-a-prison/>

Create The Desired Kingdom Ripple

<https://mygodinmotion.org/about-him-god-jesus/how-to/create-the-desired-ripple/>

Flow God's Love To Others

<https://mygodinmotion.org/about-him-god-jesus/how-to/flow-gods-love-to-others/>

Be Transformed And Become The Person God Intended

<https://mygodinmotion.org/about-him-god-jesus/how-to/be-transformed/>

Walk In The Light As He Was In The Light

<https://mygodinmotion.org/about-him-god-jesus/how-to/walk-in-the-light-as-he-was-in-the-light/>

Share Your Testimony – Be A Witness Of God's Work In You

<https://mygodinmotion.org/about-him-god-jesus/how-to/testimony/>

Serve God's Children In Love

<https://mygodinmotion.org/about-him-god-jesus/how-to/serve-gods-children-in-love/>

Hear God's Voice Via Interactive Journaling:

<https://mygodinmotion.org/about-him-god-jesus/relationship/you-can-hear-gods-voice/>

Resources:

Dan Mohler

My Resource Page With Links

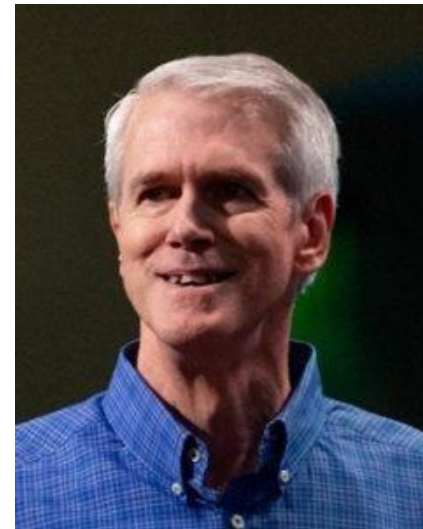
<https://mygodinmotion.org/home/resources/preachers-and-teachers/resources-dan-mohler/>



Barry Bennet

My Resource Page With Links

<https://mygodinmotion.org/home/resources/preachers-and-teachers/barry-bennet/>



Discussion

This Topic:

- Questions / Clarification
- Practical Experiences: Struggles, Success, Lessons Learned

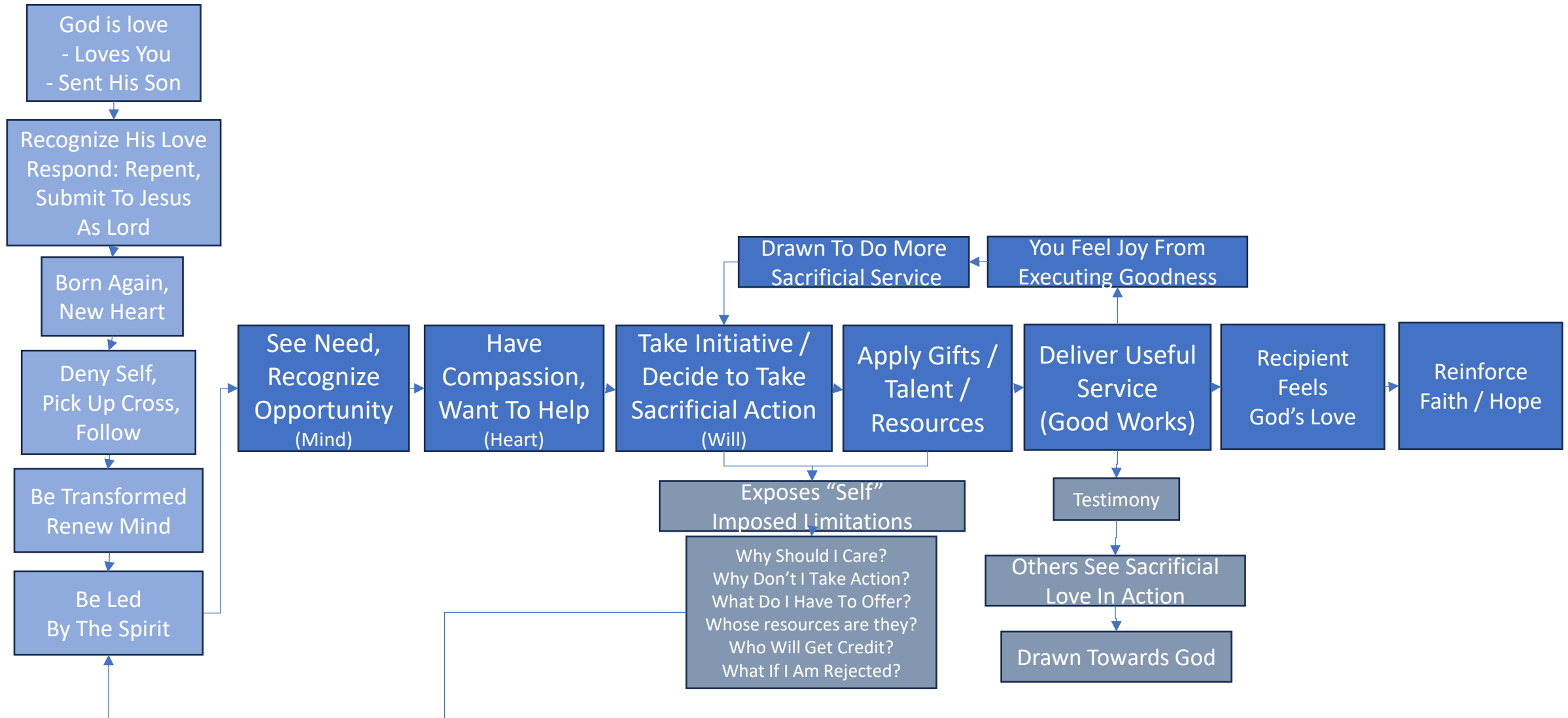
Other Topics:

- Questions / Comments?
- Testimony To Share?
- Group Prayers: Updates, New
- Journaling: Calling, Visions/Dreams, Gifts, Opportunities
- Feedback: What Is Working / Opportunities To Improve / Topics

Next Session: **Tues 07/21/26**

Closing Prayer

Flow Of God's Love



Closing Prayer

- Heavenly Father, Thank You for this opportunity, fellowship, and sharing.
- Thank you for the gift of Your Word, and Your Son who made it flesh.
- May we See, Hear, and Embrace your Word in our Heart, and assimilate it into Our flesh.
- May we recognize the opportunities within us and around us.
- May we seek Your face and embrace Your help to root out our selfish agendas.
- May we transform into Your image and perfect the flow of Your love to others.
- May we be inspired into the good works that You have prepared.
- May we walk in the light as Jesus was in the light,
Shine as a bright beacon in this dark world, and
Do all things in Jesus' name to bring glory to the Father who sent Him.

“...if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 2 Chronicles 7:14

“My God In Motion” Resources

Website: <https://mygodinmotion.org/>

- [Blog](#)
- [Bible Studies](#)
- [Declarations](#)

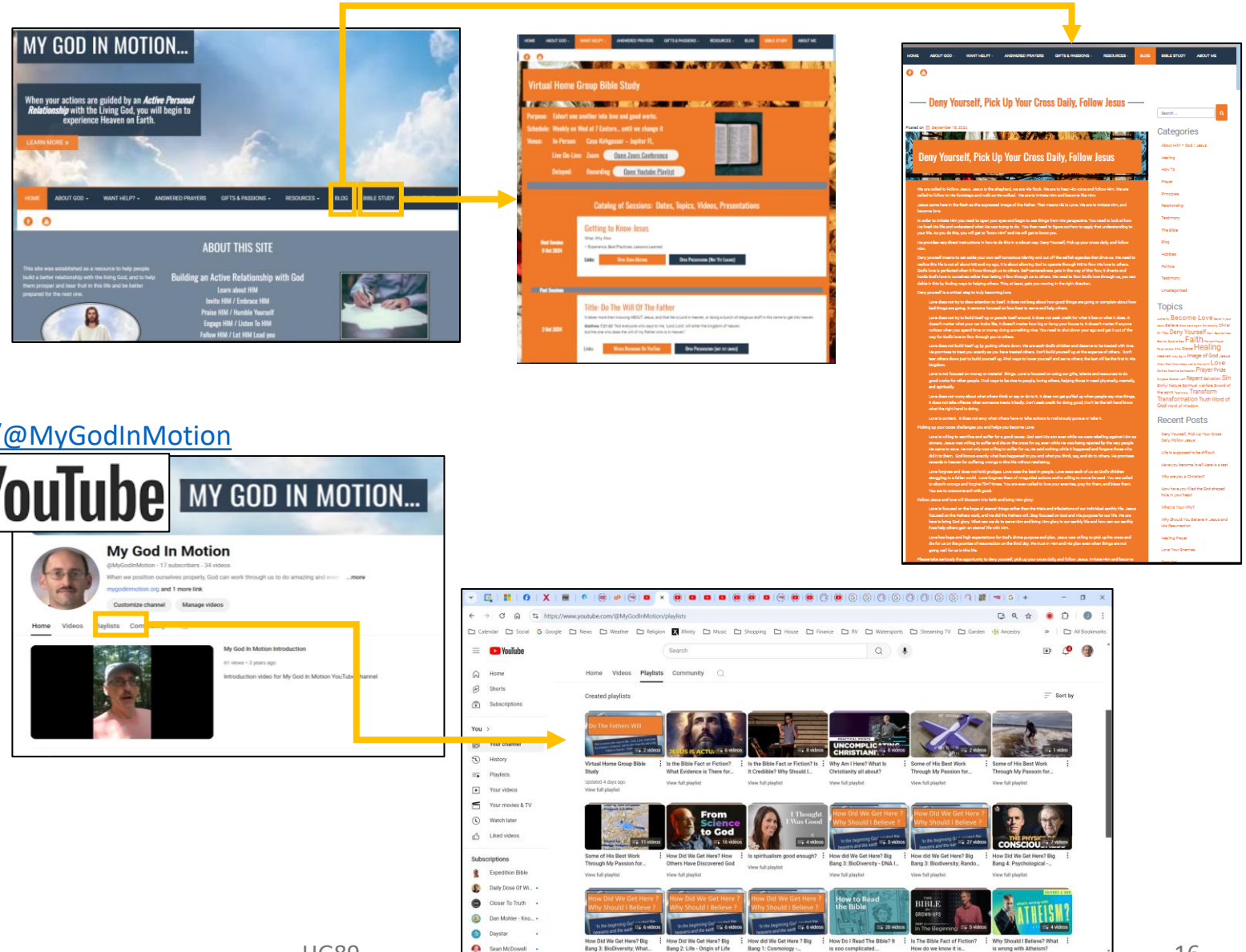
YouTube: <https://www.youtube.com/@MyGodInMotion>

[Playlists:](#)

- [Bible Studies](#)
- [Testimonies](#)
- [Lessons Learned](#)

Facebook:

<https://www.facebook.com/MGIMonFB>



Group Prayer Activity - Page 1

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
	Jay	Phantom limb pain	Go Around	Lord, Your will is always healing, by your stripes we are already healed. You told us to go around the pain. Help us see the path you have set before us to go around this pain.	1 week	Dr offered new pain med, significant improvement.
	Tammy Neighbor	Fall from unprotected balcony		Lord, we speak healing in Jesus' name.		Upbeat, minor surgery, expecting full recovery.
	World	Geopolitical Upheaval		Lord, help the world repent and find you. Help the US find its path back to leading the world in goodness.		
	Ashley	Vascular calcium		Lord, Help us find your path forward for Ashley.		Cardiac Dr Not Excited, Ordered Echo cardiogram tests to eval.
6/20	Lana	UTI	Aster testimony	Lord, help Lana find you and your path to healing. If Aster's supplement is the answer help her embrace it. We speak healing in Jesus' name.	1 Day	Felt significantly better
July	Guy	Back	Pray and be patient	Back be healed	1 Wk	Back pain free after church service
					9/8	Back recovered, back in gym
	Bergie	Heart		Help her get proper treatment, heal her heart	9/16	She is in a better situation now

Group Prayer Activity - Page 2

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
7/23	Tamra	Elbow Injury		Elbow be healed		Returned to urgent care, found fracture, wrapped differently, healed in 1 wk
7/23	Ashley	Broken Ankle		Path through surgery and recovery		Surgery successful, working PT
8/12	Tom	Kidney Issues		Lord, Help Tom find your path through these issues.		
	Donna	Heart		Lord, May new medical intervention enable success with heart and continuing this race	9/9	Stable, improved.
8/19	Michael	Cardiac Issues, Catheterization procedure failed, scheduling second attempt		Lord, Help Michael gain success through this procedure, help the Dr's be successful in addressing the issues.	8/23/25 4/28/26	Procedure was a success, Stints set up. Recovering. Ongoing issues, Prayer for wisdom to flow in and guide healing.
9/9	USA	Urban Violent Crime, Woman Killed no train		Lord, May her death be a turning point bringing awareness and better systems of justice and mgmt of mental illness		
9/23	Tamra	Long drive ahead		Safe and Sound	10/1	Accomplished despite severe storms
10/8	Luis (Lori's Friend)	In Hospice		Peace On His Journey Home		

Group Prayer Activity - Page 3

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
10/14	Jim	Life Struggles		Holy Spirit Help Jim: Housing, Employment, Mental, Financial, Trust You	10/21 11/11 11/18 12/2	Moved to hotel for week, improving Progress on prayer/journaling, Pursing apartment Progress – good steps forward, some back Progress, grateful
10/28	Donna's Elder Friend - Levette	Struggles in Hospice		Have peace with process, Have strength in faith to continue the race	11/4 11/11	Good attitude. Strength and Progress on journey Released from Hospital / Hospice care to all's surprise
11/04	Donna's Sister Inlaw – Mel	Digestive issues		Healing	11/11	Solid Progress
11/18	Donna's Sister Chris	Heart Attack, Now Home		Recovery, Reduced Stress, Glorify God		
11/18	Jay's Friend Jim	Double Bypass impending		Surgeon skill, Success, Recovery, Glorify God	12/2	Surgery done, home, all well
11/18	Tamra Son Alex	Recent Knee dysfunction, headed to ortho Dr tomorrow		Diagnostic find cause, Corrective action and healing;	1/26 2/23	Amazing to get specialists scheduled. Med improving pain. New med dramatic improvement
11/25	Donna	Heart surgery		Successful surgery	12/16	Went well , success, no complications
12/9	Emerson	Inflammation / Pain		Rebuke work of devil, gain healing		Pain gone. Returning to work 1/5

Group Prayer Activity - Page 4

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
1/13/26	Donna Son in Law Brett	Intestine resection, healing		Healing and Devine health		
1/20/26	Stacy	Hearing		Your will is healing, we speak healing, whatever mode... miraculous or medical		
2/03/26	Donna's Son Phillip	Bike Accident		Healing, manifest the kingdom, restore bones, flesh, resolve pain.	2/24	Recovered, Baptized
2/03/26	Tom Slocum	Stomach		Healing, restoration of stomach/digestive		
2/03/26	Micheals Mom, and Sister Rene	At risk in Iran, 105 th birthday next month.		Protection and provision during protest, may she complete this journey in peace, and may Iran be restored to glory	2/14 5/12	Mom passed in peace Prayer for sister who remains
2/17/26	Micheals Brother Nasser	Cancer, In Hospice		Complete this journey. God's will for healing be done...this life or next.	2/23	Passed away
3/10/26	Tim	Hip pain		We have group in one accord on authority and speak hip Pain be gone.	4/9	Significant reduction in pain...7 to 3
3/10/26	Jay	Phantom limb pain		We have group in one accord on authority and speak pain be gone.		Pain reduced immediately from prayer. TBD on sustainment
3/24	Kayden, Emma's Grandson	Enlarged heart, in Hospital in FL		Strengthen to be released so he can live life	4/9	Released from Hospital, then released from rehab within 3 days

Group Prayer Activity - Page 5

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
4/28/26	Donna' Daughter, Ginger	Lost Job, Searching		Perfect Job To Support Her, Help Her Grow and Mature Into God's Intended Person		
4/28/26	Donna's Son Philip Gregory	Heart Issues, Ablation Procedure		Perfect execution of procedure, No heart disease in Garden, Healing in Jesus' name, Run race in perfect divine health.	5/19	Through procedure, back to work.
4/24/26	Emma	Family Distress		Healing for family past and baggage, Help me help, Help emma help, help each be receptive and bring glory	5/26 6/4 7/2	Lacandace baptized today Lacandace got Job this week, Helped partner start journalling with God. Lacandace in apartment, with car
4/28/26	Ashley	Ongoing ankle distress, leg pain		Execution of block and positive results, Help her drawn near to her, trust you, receive healing. Bring you glory.	6/23	Deacon Peacock vicion of Ashley receiving jesus and dancing with no cane..healed
5/27/26	Tamra's Son Kendrick	Agnostic, underemployed, struggling		Holy Spirit help him find God, Find Purpose, Become the person God intended.		
6/4/26	Jim	Isolation from family. Ex's, Adult Children, Parents, Sibling. Some recent progress, but still major gaps		Thank you for progress. Help Jim be reconnected with important people in his life.	6/18	Dinner with sister twice this week. Conversation with ex#1, Letter To daughters.
6/18/26	Paul – In Michigan	Distress From Snowbank incident – Pain, Frostbite		Strength, Healing. Run race in health. Bring God Glory.	6/26 7/2	Progress. Continued progress, May retain all fingers

Group Prayer Activity - Page 6

Date	Person	Situation	"Word" Received	Prayer	Date	Answer
7/2/26	Jim	Shoulder Pain, residual from rescue swimming		No pain in garden, healing by Jesus' stripes		
7/9	Emma	Gall Bladder Surgery		Success		