

MY GOD IN MOTION...

Christianity 101: Who, What, Why, How

*"I am the way, the truth, and the life.
No one comes to the Father except through Me." - John 14:6*

Virtual Home Group Bible Study

07-31-2026

Purpose & Opening

Purpose:

Build a foundation of truth to help people understand who God is, why Jesus should be trusted, and why each of us should respond to His call and diligently follow Him.

Opening Prayer:

Lord, Thank You for this opportunity.

Give me Words to faithfully deliver Your message.

Give us Eyes to See all things from Your perspective
and Ears to Hear and understand Your Word.

Help us know You through Your Word and Your Son, the Word who became flesh.

Help us learn to Trust You and Yield to Your Holy Spirit working in us.

Help us be transformed into the people You created us to be.

Help us turn Your Words into loving action through our lives

Help us bring glory to Your name in all we do. In Jesus' Name, Amen.

Agenda

1. Who Is God
2. What Is He Trying To Accomplish
3. Who Are We, Why Are We Here
4. What Went Wrong In The Garden
5. What Has God Done To Rescue Us
6. Who Is Jesus, Why Should I Trust Him
7. What Did Jesus Accomplish
8. How Should We Respond
9. What Happens If We Don't
10. What Happens When We Do
11. What Does Following Jesus Look Like
12. Will You Trust And Follow Jesus?

Who Is God

- God is the eternal Creator and rightful Lord of all.
“In the beginning God created the heavens and the earth.” — Genesis 1:1
- God is one — Father, Son, and Holy Spirit.
“...in the name of the Father and of the Son and of the Holy Spirit.” — Matthew 28:19
- God is perfectly holy, righteous, and just.
“A God of truth and without injustice; righteous and upright is He.” — Deuteronomy 32:4
- God is love—merciful, gracious, patient, and good.
“The LORD God, merciful and gracious, longsuffering, and abounding in goodness and truth.”
— Exodus 34:6
- God is truthful, faithful, and unchanging.
“God is not a man, that He should lie... Has He spoken, and will He not make it good?” — Num 23:19
- God is personal and wants us to know Him.
“Let him who glories glory in this, that he understands and knows Me.” — Jeremiah 9:24
“...this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.” - John 17:3

What Is God Trying To Do

Create a Heaven And Earth With Everyone United and Following The Lord

Ephesians 1: 3-10

“Blessed be the God and Father of our Lord Jesus Christ,
...in all wisdom and insight making known to us the mystery of His will,
according to His purpose, which He set forth in Christ as a plan for the fullness of time,
to unite all things in Christ, things in heaven and things on earth in Him.”

2 Corinthians 5:19

“God was in Christ reconciling the world to Himself...”

Who Are We, Why Are We Here

We are created by God in His image.

“So God created man in His own image; in the image of God He created him....”
— Genesis 1:27

We were created to represent God and exercise dominion over earth.

“Let Us make man in Our image, according to Our likeness; let them have dominion...over the earth” — Genesis 1:26

We were created to work in partnership with God.

“For we are God’s fellow workers....” — 1 Corinthians 3:9

We were created to do good and bring glory to God.

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.” — Ephesians 2:10

“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.” — Matthew 5:16

What Went Wrong In The Garden

The serpent challenged God's Word and character.

"Has God indeed said...?" — Genesis 3:1

Humanity believed the lie and distrusted God's goodness.

"The woman saw that the tree was good for food...pleasant to the eyes, and...desirable to make one wise." — Genesis 3:6

They rejected God's authority and chose independence and self-rule.

"You will be like God, knowing good and evil." — Genesis 3:5

Sin produced self-consciousness: guilt, shame, fear, and hiding from God.

"I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself."
— Genesis 3:10

Sin separated humanity from God and brought corruption and death into the world.

"Through one man sin entered the world, and death through sin, and thus death spread to all men."
— Romans 5:12

Humanity's God-given relationships and purpose became corrupted.

"Cursed is the ground for your sake; in toil you shall eat of it all the days of your life." — Genesis 3:17

What Has God Done To Rescue Us

God came looking for humanity even after we rebelled and hid.

“Then the LORD God called to Adam and said to him, ‘Where are you?’” — Genesis 3:9

God promised a descendant of the woman would defeat the serpent.

“He shall bruise your head, and you shall bruise His heel.” — Genesis 3:15

God revealed Himself, His truth, and His plan through His Word and prophets.

“God...at various times and in various ways spoke... to the fathers by the prophets.” — Hebrews 1:1

God sent His Son because He loved us and we could not rescue ourselves.

“For God so loved the world that He gave His only begotten Son...” — John 3:16

Jesus came to seek and save what was lost in the fall.

“For the Son of Man has come to seek and to save that which was lost.” — Luke 19:10

God continues calling us to repent, return, and be reconciled to Him.

“We implore you on Christ’s behalf, be reconciled to God.” — 2 Corinthians 5:20

Who Is Jesus, Why Should I Trust Him

Who Is Jesus?	Why Should I Trust Him?
He is the eternal Word and is God. “In the beginning was the Word...and the Word was God.” — John 1:1	He lived without sin or deceit. “Who committed no sin, nor was deceit found in His mouth.” — 1 Peter 2:22
He is God’s Son who became human. “The Word became flesh and dwelt among us...and we beheld His glory.” — John 1:14	His works demonstrated the Father’s power and character. “Though you do not believe Me, believe the works.” — John 10:38
He perfectly reveals God the Father. “He who has seen Me has seen the Father.” — John 14:9	He demonstrated His love by giving His life for us. “Greater love has no one than this, than to lay down one’s life for his friends.” — John 15:13
He is the promised Savior, Christ, and Lord. “There is born to you...a Savior, who is Christ the Lord.” — Luke 2:11	His resurrection confirmed His identity and victory. “Declared to be the Son of God with power...by the resurrection from the dead.” — Romans 1:4

What Did Jesus Accomplish

He revealed God and showed us how God intended humanity to live.

“He who has seen Me has seen the Father.” — John 14:9

He took our sins and their penalty upon Himself.

“Who Himself bore our sins in His own body on the tree.” — 1 Peter 2:24

He purchased our forgiveness and freedom.

“In Him we have redemption through His blood, the forgiveness of sins.” — Ephesians 1:7

He reconciled us to God and opened the way back to the Father.

“Christ also suffered once for sins, the just for the unjust, that He might bring us to God.”
— 1 Peter 3:18

He defeated the powers of darkness and broke sin’s claim over us.

“Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them.” — Colossians 2:15

He defeated death and made new and eternal life possible.

“I am the resurrection and the life. He who believes in Me, though he may die, he shall live.”
— John 11:25

How Should We Respond

His Invitation

Jesus demonstrated His love by giving His life for us.

“God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.” — Romans 5:8

Jesus stands at the door and invites us to receive Him.

“Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him.” — Revelation 3:20

The Good Shepherd calls us to hear His voice and follow Him.

“My sheep hear My voice, and I know them, and they follow Me.” — John 10:27

Our Response

Repent and believe—turn from our way and trust the gospel.

“Repent, and believe in the gospel.” — Mark 1:15

Believe in Jesus and declare Him as Lord.

“If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.” — Romans 10:9

Deny self, surrender our lives, and follow Him.

“If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.” — Luke 9:23

What Happens If We Reject His Invitation?

We remain separated from God and under the consequences of sin.

“Your iniquities have separated you from your God.” — Isaiah 59:2

We remain enslaved to sin and self-rule.

“Whoever commits sin is a slave of sin.” — John 8:34

Sin progressively deceives and hardens our hearts.

“Lest any of you be hardened through the deceitfulness of sin.” — Hebrews 3:13

We remain condemned because we have rejected God’s provision for rescue.

“He who believes in Him is not condemned; but he who does not believe is condemned already.” — John 3:18

We remain under death rather than receive eternal life.

“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”
— Romans 6:23

Continued rejection ultimately results in eternal separation from God.

“These shall be punished with everlasting destruction from the presence of the Lord.”
— 2 Thessalonians 1:9

What Happens When We Respond?

We are forgiven and released from the guilt of our past.

“In Him we have redemption through His blood, the forgiveness of sins.” — Ephesians 1:7

We are reconciled to God and receive peace with Him.

“Having been justified by faith, we have peace with God through our Lord Jesus Christ.” — Romans 5:1

We are born again and become a new creation.

“If anyone is in Christ, he is a new creation; old things have passed away...all things have become new.”
— 2 Corinthians 5:17

We are adopted into God’s family as His children and heirs.

“You are no longer a slave but a son, and if a son, then an heir of God through Christ.” — Galatians 4:7

We receive the Holy Spirit to dwell within, lead, and transform us.

“Repent...and you shall receive the gift of the Holy Spirit.” — Acts 2:38

We receive eternal life and pass from death into life.

“He who hears My word and believes in Him who sent Me has everlasting life...and has passed from death into life.” — John 5:24

We are restored to God’s purpose and become His Kingdom partners.

“We are His workmanship, created in Christ Jesus for good works...that we should walk in them.”
— Ephesians 2:10

What Does Following Jesus Look Like

Abide in Jesus and receive His love.

“Abide in My love.” — John 15:9

Hear His voice, learn His Word, and renew your mind with truth.

“My sheep hear My voice, and I know them, and they follow Me.” — John 10:27

“Be transformed by the renewing of your mind.” — Romans 12:2

Deny self, surrender control, and follow Jesus daily.

“Let him deny himself, and take up his cross daily, and follow Me.” — Luke 9:23

Yield to the Holy Spirit and allow Him to lead and transform.

“Walk in the Spirit, and you shall not fulfill the lust of the flesh.” — Galatians 5:16

Trust Jesus and put His teaching into practice.

“If you love Me, keep My commandments.” — John 14:15

Love, forgive, and serve others as Jesus did.

“As I have loved you, that you also love one another.” — John 13:34

Do good, bear fruit, and help others follow Jesus.

“By this My Father is glorified, that you bear much fruit; so you will be My disciples.” — John 15:8

Will You Trust and Follow Jesus ?

Jesus Is Calling You:

“Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him.” — Revelation 3:20

Trust Him and believe that He is the Son of God.

“You believe in God , believe also in Me.” — John 14:1

Repent—turn from self-rule and return to God.

“Repent therefore and be converted, that your sins may be blotted out.” — Acts 3:19

Submit to Jesus and declare Him as Lord of your life.

“If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.” — Romans 10:9

Entrust your life to Him and follow Him daily.

“Let him deny himself, and take up his cross daily, and follow Me.” — Luke 9:23

The Decision Is Yours

- Do you believe Jesus is who He says He is?
- Do you believe He is worthy of your trust?
- Are you willing to turn from your own ways, submit to Him, and follow Him?

“Today, if you will hear His voice, do not harden your hearts.” — Hebrews 3:15

Call to Action

Open the door, entrust your life to Jesus, declare Him as Lord, and begin following Him today.

Declaration: I Will Trust and Follow Jesus

Heavenly Father,

I believe Jesus Christ is Your Son,
that He died for my sins and rose from the dead.

I repent of my sinful ways and turn from self-rule to You.
I declare Jesus Christ as Lord and submit my life to His authority.

I trust His finished work for my forgiveness,
receive the new life You offer me,
and yield to Your Holy Spirit working within me.

I will listen for Your voice, embrace Your truth, and follow Jesus as You lead me.
Transform me into the person You created me to be,
and let Your love flow through my life to others.

I choose to trust and follow Jesus from this day forward.

I declare this in Jesus' name. AMEN

Next Steps

1. Tell Someone About Your Decision – They Will Pray For You And Pray With You

“Whoever confesses Me before men, him I will also confess before My Father who is in heaven.” — Matthew 10:32

2. Be Baptized – A Public Display of Faith

“Repent, and let every one of you be baptized in the name of Jesus Christ.” — Acts 2:38

3. Begin Reading God’s Word – Start With Book Of John. Read Prayerfully

Ask What does this reveal about Jesus?

What truth should I believe?

What is God inviting me to do?

How can I put this into practice today?

“Your word is a lamp to my feet and a light to my path.” — Psalm 119:105

4. Talk With God Every Day

“In everything by prayer and supplication, with thanksgiving, let your requests be made known to God.” — Philippians 4:6

5. Learn to Recognize the Good Shepherd’s Voice

“My sheep hear My voice, and I know them, and they follow Me.” — John 10:27

6. Join a Healthy Christian Community

“They continued steadfastly in the apostles’ doctrine and fellowship, in the breaking of bread, and in prayers.” — Acts 2:42

7. Begin Putting Jesus’ Teaching Into Practice

“Whoever hears these sayings of Mine, and does them, I will liken him to a wise man who built his house on the rock.” — Matthew 7:24

8. Ask a Mature Believer to Walk With You

“As iron sharpens iron, so a man sharpens the countenance of his friend.” — Proverbs 27:17

Resources

Learn to respond to God's Call.

How Do I Respond To What Jesus Did (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/how-do-i-respond-to-what-jesus-did/>

Receive God's Love / Stand In Your New Identity

How Do I Receive God's Love (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/how-do-i-receive-gods-love/>

Your New Identity In Christ (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/your-new-identity-in-christ/>

Learn to recognize and follow God's direction.

Understand God's Will (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/understand-gods-will/>

You CAN Hear God's Voice (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/relationship/you-can-hear-gods-voice/>

Renew Your Mind - Build God's truth into your thinking.

Be Transformed By The Renewal of Your Mind (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/be-transformed-by-the-renewal-of-your-mind/>

Learn to escape self-rule and follow Jesus.

The Problems With Self-Centered Living (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/problems-with-self-centered-living/>

Learn to release God's love to others.

Flow God's Love to Others (Blog Post)

<https://mygodinmotion.org/about-him-god-jesus/how-to/flow-gods-love-to-others/>

“My God In Motion” Resources

Website: <https://mygodinmotion.org/>

- [Blog](#)
- [Bible Studies](#)
- [Declarations](#)

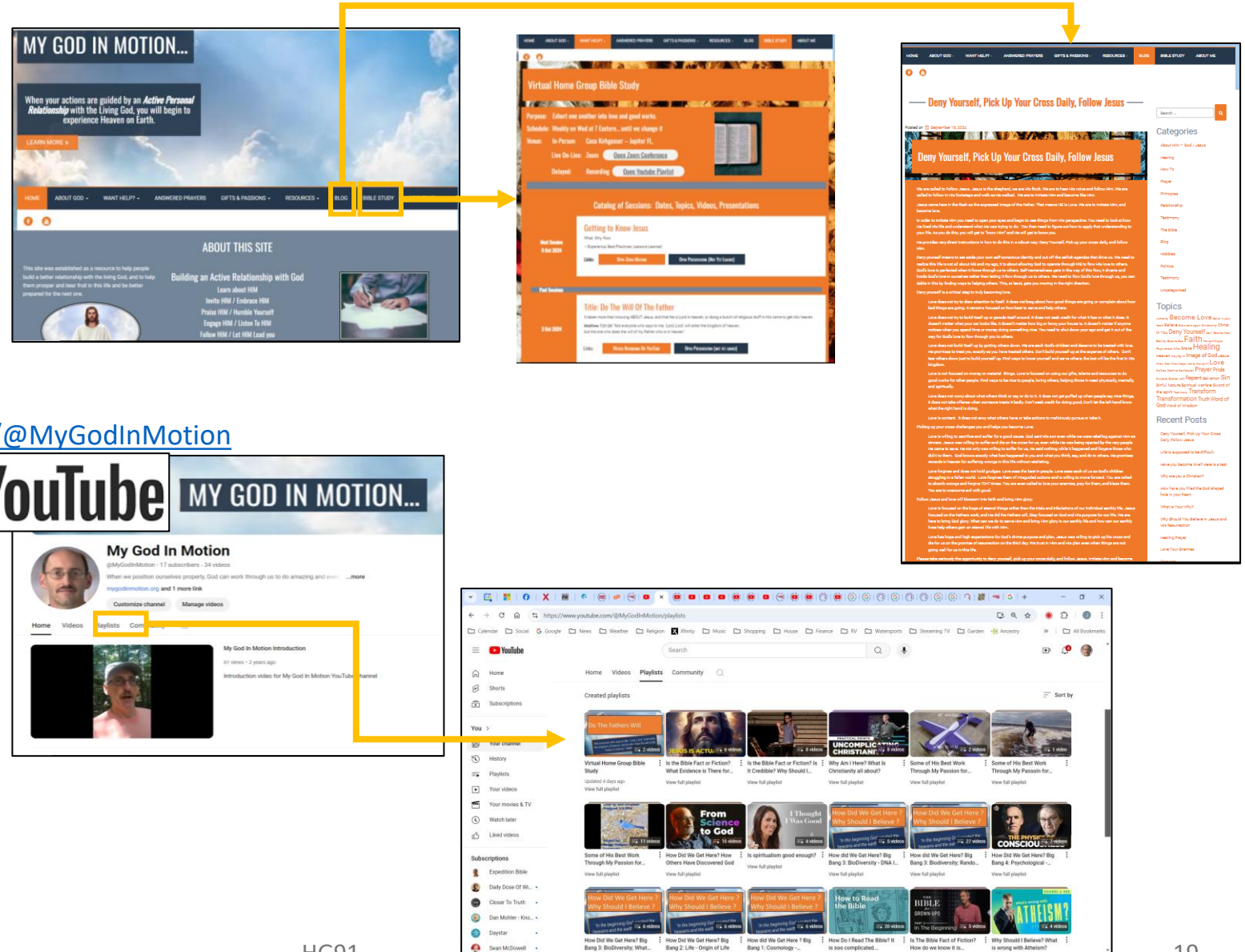
YouTube: <https://www.youtube.com/@MyGodInMotion>

[Playlists:](#)

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<https://www.facebook.com/MGIMonFB>



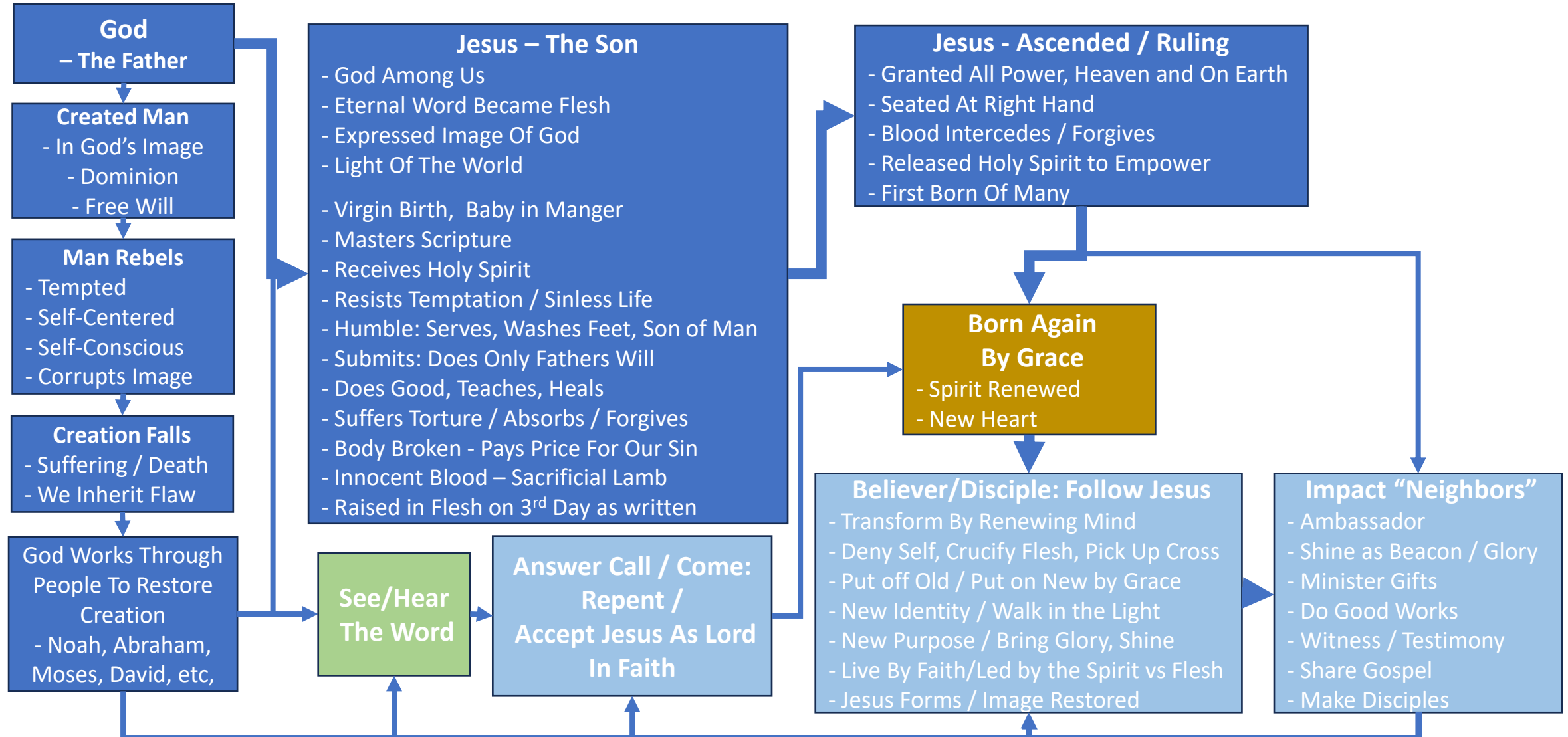
Appendix

- God's Macro Plan
- Flow Of Gods Love
- Gospel Message
- Fallen World Vs God's Design
- Transformation
- Spiritual Journey Flow
- Why Believe In God
- Why Believe / Trust Jesus

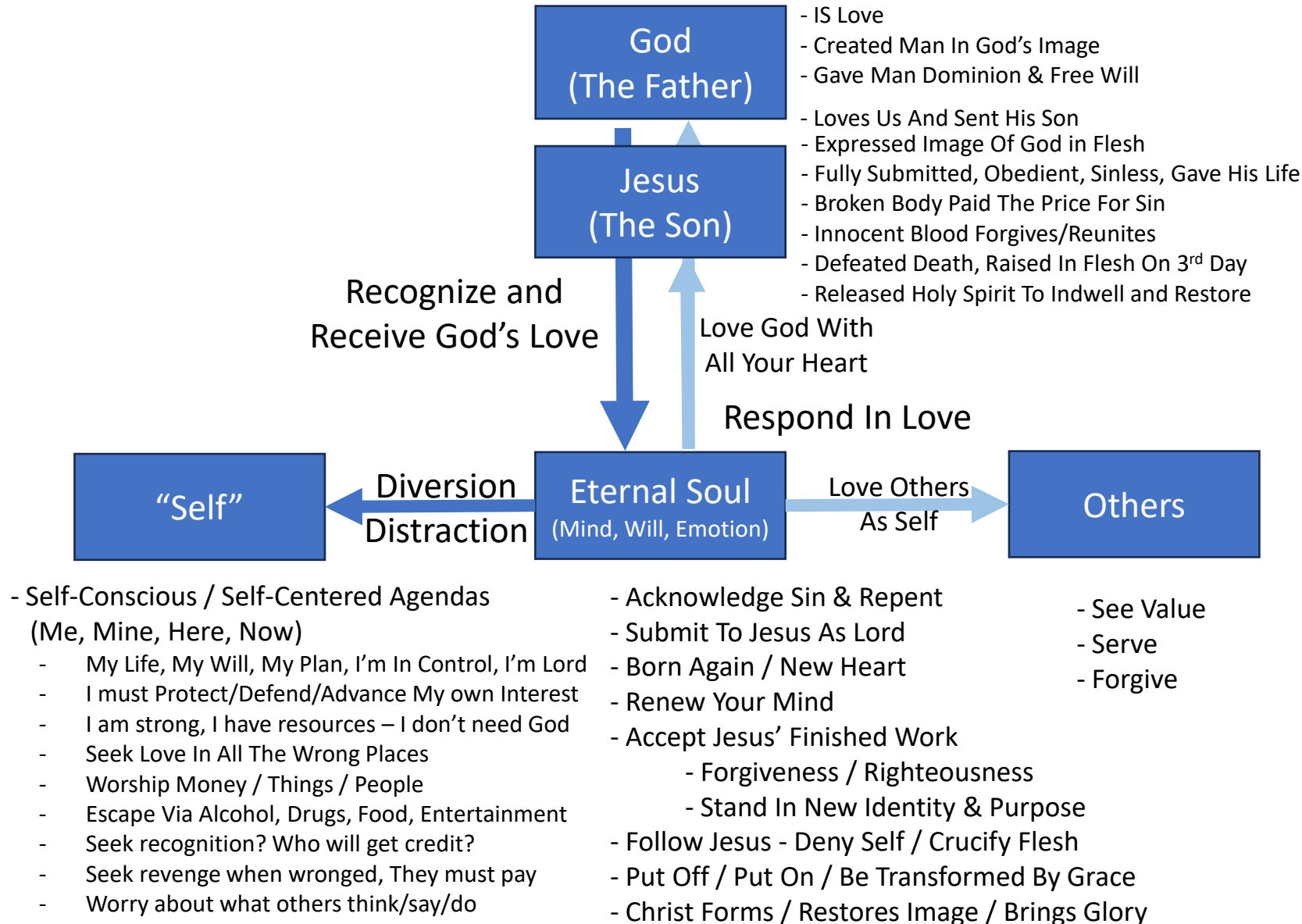
God's Macro Plan

Ephesians 1: 3-10

"Blessed be the God and Father of our Lord Jesus Christ,
...in all wisdom and insight making known to us the mystery of His will,
according to His purpose, which He set forth in Christ as a plan for the fullness of time,
to unite all things in Christ, things in heaven and things on earth in Him."



Flow Of God's Love Is Broken



Gospel Message - The Good News

God Created It

“In The Beginning God Created...” - Gen 1:1

Man Broke It

– Adam rebelled and becoming separated from God

“...just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned”
- Romans 5:12

God Came Into Creation As A Man To Restore It

“God so loved the world that He sent His only begotten son...” - John 3:16

“In The Beginning was the Word, and the Word was with God, and the Word was God.” - John 1:1

“And the Word became flesh and dwelt among us...” - John 1:14

“For in Him (Jesus) all the fullness of God was pleased to dwell, and through Him to reconcile to Himself all things, whether on earth or in heaven, making peace by the blood of His cross.” - Col 1:19-20

“That is, in Christ God was reconciling the world to Himself, not counting their trespasses against them, and entrusting to us the message of reconciliation.” - 2 Corinthians 5:19

Jesus Will Come Live In You And Restore You

- Choose To Believe, Repent, and Follow Him

“Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord” - Acts 3:19

“So we have come to know and to believe the love that God has for us. God is love, and whoever abides in love abides in God, and **God abides in him.**” - 1 John 4:16

“I have been crucified with Christ; it is no longer I who live, but **Christ lives in me**; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.” - Galatians 2:20

Fallen World Vs God's Design

Fallen World Cycle

Wounds / Fear / Pain



Self-Protection



Self-Lordship



Ungodly Loves / Desires



Lies / False Beliefs



Defensive Identity



Flesh-Driven Reactive Behavior



Broken Fruit

God's Design

God's Lordship



Identity In Christ



Receive God's Love



Motives, Purpose & Calling



Beliefs, Truth & Trust



Spirit-Led Thinking

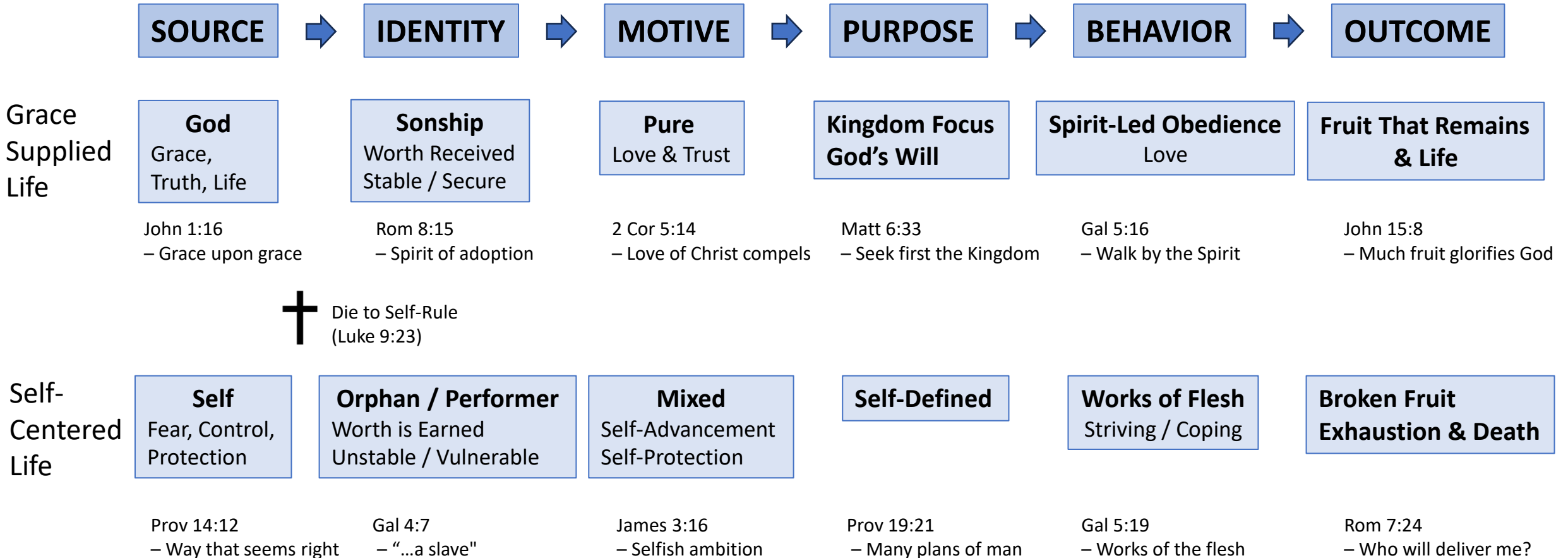


Loving Choices, Behaviors, Responses



Kingdom Fruit

Transform: Self-Centered to Christ-Formed Life



Spiritual Journey Flow

Phase 1 - Awaken

- Called – Got Your Attention
- Seek - Intention to find
- Hear – Listening, receptive, processing
- See – Spiritual eyes opened
- Find – Truth, God's Love, Jesus' Sacrifice

Phase 2 – Rescue / Return / Restore

- Believe – Choice, Consequences
- Repent – Change Mind
- Return – Deny Self, Accept Jesus as Lord
- Regenerate Spirit/Heart
- Restore Union – Through Jesus Blood
- New Identity – Born Again Child Of God
- Reclaim Purpose - Glorify God in All We Do

Phase 3 – Abide / Remain / Transform

- Trust God - Not Your Thoughts/Emotions
- Yield/Submit – God's Will, Your Cross
- Draw Near – Know Him, His Word, Dialog
- Be Led – Ask, Listen, Do. Respond quickly
- Renew Mind – See, Take Thoughts Captive
- Put Off/Put On – Transform By Grace
- Walk in the Spirit/Light/Love
- Bear Fruit

Why Believe In God?...He Left Evidence

Romans 1:20

For his invisible attributes, namely, his **eternal power and divine nature**, have been clearly perceived, ever since the creation of the world, **in the things that have been made**. So they are without excuse.

Psalms 19:1-5

The heavens declare the glory of God; And **the firmament** shows His handiwork.

Job 12:7-12

But ask the **animals**, and they will teach you,
or the **birds** in the sky, and they will tell you;
or speak to the **earth**, and it will teach you,
or let the **fish** in the sea inform you.

Which of all these does not know that the hand of the Lord has done this?

In whose hand is the life of every living thing, And the breath of all mankind?

Arguments For God

Teleological:

- Everything appears arranged for a purpose – there must be an intelligent designer: Bang, Cosmos, Solar System, Earth, Life, Micro-Biology, Complex Life, Consciousness

Cosmological:

- Everything with a beginning has a cause outside of it. Universe had beginning. Cause must be very powerful and outside space, matter and time.

Morality:

- Absolute morality exists, counter to survival of fittest. Demands absolute rule maker.

Testimony of Others:

- Supernatural Life Experiences
- Near Death Experiences reveal God / Heaven / Hell

Personal Experience:

- Deep Sense of Purpose / Calling / Meaning
- Recognize His Hand In Your Life – Providence, Prayers Answered, Transformation
- Experience His Presence - Hear His Voice, Sense Holy Spirit, See Effect

Resources – Existence of God

Ray Comfort – Living Waters

<https://www.youtube.com/watch?v=5ySfwwCejsc>

Cliff Knechtle – Give Me An Answer

<https://www.youtube.com/watch?v=ZNPLo8K8o6A>

Fank Turek – Cross Examined

<https://www.youtube.com/watch?v=A6EXoPk8yO8>

Stephen Meyer - Intelligent Design - Hoover Institute

<https://www.youtube.com/watch?v=WCBHNDTEgWk>

Reasons To Believe – Scientific Approach to Christianity

https://www.youtube.com/@RTB_official

J Warner Wallace - A Simple Explanation from Cold Case

<https://www.youtube.com/watch?v=azBWPrgnyUk>

My Blog / Bible Study:

<https://mygodinmotion.org/about-him-god-jesus/god-or-no-god/>

<https://mygodinmotion.org/about-him-god-jesus/principles/know-god-is-real/>

HG35 - Why Believe In God: https://youtu.be/kS5J_qlRRMc

Why Believe In Jesus?

1. He Was A Real Jewish Teacher Crucified By Romans: Extra-Biblical Records
2. The Tomb Was Empty: Early Jewish History (Not Biased Toward Jesus)
3. Gospel Accounts are Reliable: Early, Well Preserved, Diverse, Credible
4. 500 Eyewitnesses to Resurrection, Willing To Die For What They Saw & Believed
5. Prophecy Fulfilled / He Is The Christ: 300 Old Testament Prophecies
6. Predicted and Executed His Own Death and Resurrection, Still Alive
7. Moral Teaching: Brilliant, Sermon on the Mount
8. Model Life: Humble, Sinless, Yielded To Father, Forgave, Sacrificed
9. Shroud Of Turin: Person Scourged & Crucified w/Crown of Thorns in Judea
10. Personal Experience: Presence, Transformation, Love/Peace/Hope/Joy

Resources: Why Believe In Jesus

J Warner Wallace – Cold Case Christianity

Best Evidence For Christianity and the Gospel

<https://www.youtube.com/watch?v=1CLDaas1Lcc>

Dr William Lane Craig - Reasonable Faith

Historical Reliability of the New Testament

<https://www.reasonablefaith.org/writings/popular-writings/historical-jesus/the-historical-reliability-of-the-new-testament>

Mike Licona PhD

The Gospels are Historically Reliable: 6 Reasons

<https://www.youtube.com/watch?v=nxxhY8ueo7c>

Dr. Gary Habermas

Historian Explains the Evidence for the Resurrection of Jesus

<https://www.youtube.com/watch?v=kWSG5okmUr8>

David Jeremiah

Prophecies Fulfilled By Jesus

<https://davidjeremiah.blog/prophecies-fulfilled-by-jesus/>

Decoding Danial's 70 Week Prophecy

<https://davidjeremiah.blog/decoding-daniels-seventy-weeks-prophecy/>

My Blog/ Bible Study

HG37 – Why Believe In Jesus: <https://youtu.be/wNM7UkSH3AA>